



ESCA 2009 Season Roundup...

With winning times of 56:07 in the 25, 1:57:24 in the 50 and 4:05:45 in his first ever 100

Iain Brogden is the 2009 Best All Rounder

With an average speed of **25.566** mph



Lewes trio Mark Winton, Nick Dwyer and Andy Cox

Take the Best All Rounder Team Prize with a combined average of **24.232** mph

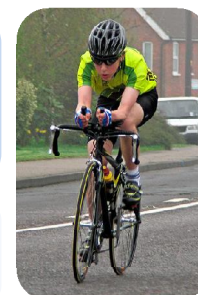
Sussex Nomad, Geoff Smith retains the Vet's BAR:

Times of 1:03:36 in the 25, 2:09:26 in the 50 and 4:35:12 in the 100 give Geoff an average speed of **3.996** mph above standard



It's a Double Top for Lewes Wanderer Helen Millier

in the Lady Senior and Veteran BARs: 27:40 in the 10, 1:08:48 in the 25 and 2:24:02 in the 50 make an average speed of **21.439** mph and **0.847** mph above



And young Wanderer, Tom Baker is the Junior Best All Rounder:

25:37 in the 10 and 1:07:24 in the 25 give an average speed **22.839** mph

Mark Winton, and his club **Lewes Wanderers**, once again take the **Points Completion** prizes with **213** individual points and **953** club points

Still to come...

The ESCA Reliability Trial

Promoted by **Worthing Excelsior** and organised by **Tony Palmer**, it will be held on Sunday 22 Nov 2009

Entries to: Tony Palmer, 23 Brentwood Crescent, Hollingdean, Brighton, East Sussex BN1 7EU Tel: 01273 558597

...News in brief, for next year, and beyond

The **Prize Presentation Lunch** will be held on **Sunday 17 January 2010** – details on Page 8

In 2010 the event calendar will include a **Hill Climb** at Firle Bostal on Sunday 17 October 2010, promoted by Mark Winton (Lewes Wanderers), and a new promoter for the September 10 – **Stephen Long** (also Lewes Wanderers) – full listings on Page 16

The **ESCA 100** will move to a later date – **Sunday 22 August 2010** – see page 13 for more information

In 2011 we will see the return of the **National 24 hour time trial to the south east** – more on Page 15

2009 Competition Results...



2009 Best All Rounder Competition

Senior, Lady and Junior	Based on an average of the mph from the best performance at each qualifying distance
Senior and Veteran Team	Based on the average from three members of each club
Veteran and Lady Veteran	Based on an average of the mph of the standard time taken away from the mph of the actual time from best performance on standard at each qualifying distance (VTTA system)

Senior BAR – 25, 50 and 100 mile			25 m time	50 m time	100 m time	Av mph
1	Iain BROGDEN	Eastbourne Rovers	0:56:07	1:57:24	4:05:45	25.566
2	Mark WINTON	Lewes Wanderers	0:58:45	1:58:51	4:20:58	24.588
3	Nick DWYER	Lewes Wanderers	0:57:58	1:59:11	4:30:00	24.423
4	Andy COX	Lewes Wanderers	1:00:39	2:07:09	4:23:59	23.685
5	Peter BAKER	Lewes Wanderers	1:01:14	2:05:21	4:33:34	23.454
6	Mike LEVETT	Lewes Wanderers	1:02:18	2:09:40	4:40:16	22.874
7	Geoff SMITH	Sussex Nomads	1:03:36	2:09:26	4:35:12	22.855
8	Chris PARKER	Hastings & St L CC	1:14:08	2:29:46	5:27:38	19.526
9	Simon YATES	Lewes Wanderers	1:16:36	2:46:34	5:34:28	18.511

Senior BAR Team			Av mph
1	Lewes Wanderers	Mark WINTON, Nick DWYER & Andy COX	24.232
2	Lewes Wanderers	Peter BAKER, Mike LEVETT & Simon YATES	21.613

Veteran BAR – 25, 50 and 100 mile			25 m time/std	50 m time/std	100 m time/std	Av +mph
1	Geoff SMITH	Sussex Nomads	1:03:36	2:09:26	4:35:12	+ 3.996
			1:16:03	2:36:42	5:38:48	
2	Iain BROGDEN	Eastbourne Rovers	0:56:07	1:57:24	4:05:45	+ 3.890
			1:06:00	2:17:01	4:54:02	
3	Nick DWYER	Lewes Wanderers	0:57:58	1:59:11	4:30:00	+ 3.598
			1:09:02	2:22:14	5:05:15	
4	Mike LEVETT	Lewes Wanderers	1:02:18	2:09:40	4:40:16	+ 3.493
			1:13:49	2:33:15	5:28:51	
5	Peter BAKER	Lewes Wanderers	1:01:14	2:05:21	4:33:34	+ 3.487
			1:11:39	2:28:45	5:19:12	
6	Chris PARKER	Hastings & St L CC	1:14:08	2:29:46	5:27:38	- 0.148
			1:12:43	2:30:58	5:23:57	
7	Simon YATES	Lewes Wanderers	1:16:36	2:46:34	5:34:28	- 0.585
			1:14:55	2:35:32	5:33:45	

Veteran BAR Team			Av +mph
1	Lewes Wanderers	Nick DWYER, Mike LEVETT & Peter BAKER	+ 3.526

Ladies Senior BAR – 10, 25 and 50 mile			10 m time	25 m time	50 m time	Av mph
1	Helen MILLIER	Lewes Wanderers	0:27:40	1:08:48	2:24:02	21.439
2	Debbie EVERS	Lewes Wanderers	0:29:17	1:16:31	2:26:07	20.208

Ladies Veteran BAR – 10, 25 and 50 mile			10 m time/std	25 m time/std	50 m time/std	Av +mph
1	Helen MILLIER	Lewes Wanderers	0:27:40	1:08:48	2:24:02	+ 0.847
			0:28:12	1:12:43	2:30:58	
2	Debbie EVERS	Lewes Wanderers	0:29:17	1:16:31	2:26:07	+ 0.232
			0:29:06	1:14:55	2:35:32	

Junior BAR – 10 and 25 mile			10 m time	25 m time	Av mph
1	Thomas BAKER	Lewes Wanderers	0:25:37	1:07:24	22.839
2	James McCARRON	In-Gear Dev Squad	0:26:32	1:07:32	22.412

2009 ESCA Trophy Winners

<i>Award</i>	<i>Rider</i>	<i>Time/speed</i>	<i>Club</i>
Hardriders Page Tankard	Peter Tadros	36:03	In-Gear Quickvit RT
2up Team TT Cup	David Pollard James Brickell	55:31	In-Gear Quickvit RT
10 mile Team Shield	David Pollard 21:39 Jim Cheek 22:22 Ian Burgess 22:35	} 1:06:36	In-Gear Quickvit RT
Ladies 10 mile Cup	Emma Richards	26:21	Eastbourne Rovers
Junior 10 mile Cup	Thomas Baker	25:37	Lewes Wanderers
25 mile 60 min Cup	Steve Dennis	52:16	East Grinstead CC
25 mile Team Rosemary Shield	David Pollard 55:36 Jim Cheek 56:02 Ian Burgess 58:06	} 2:49:44	In-Gear Quickvit RT
Veteran 25 mile Cup	Harry Featherstone	+ 19:20	Eastbourne Rovers
Ladies 25 mile Cup	Juliette Clark	1:05:26	In-Gear Quickvit RT
Junior 25 mile Cup	Thomas Baker	1:07:24	Lewes Wanderers
50 mile Cup	Iain Brogden	1:57:24	Eastbourne Rovers
50 mile Team Trophy	Mark Winton 1:58:51 Nick Dwyer 1:59:11 Peter Baker 2:05:21	} 6:03:23	Lewes Wanderers
Ladies 50 mile Cup	Helen Millier	2:24:02	Lewes Wanderers
100 mile Cup	Iain Brogden	4:05:45	Eastbourne Rovers
100 mile Team Shield	Mark Winton 4:20:58 Andy Cox 4:23:59 Nick Dwyer 4:30:00	} 13:14:57	Lewes Wanderers
Individual Points Cup	Mark Winton	213 points	Lewes Wanderers
Club Points Shield		953 points	Lewes Wanderers
Senior BAR Trophy	Iain Brogden	25.566 mph	Eastbourne Rovers
Senior BAR Team Trophy	Mark Winton 24.588 Nick Dwyer 24.423 Andy Cox 23.685	} 24.232 mph	Lewes Wanderers
Veteran BAR Salver	Geoff Smith	+ 3.996 mph	Sussex Nomads
Lady BAR Trophy	Helen Millier	21.439 mph	Lewes Wanderers
Lady Veteran BAR Award	Helen Millier	+ 0.847 mph	Lewes Wanderers
Junior BAR Award	Thomas Baker	22.839 mph	Lewes Wanderers

The Reliability Trial Shield will be awarded to ESCA club with the greatest number of riders finishing within the allocated time

Sunday 22nd November 2009 – Promoted by Worthing Excelsior Cycling Club

Organiser – Tony Palmer, 23 Brentwood Crescent, Hollingdean, Brighton, East Sussex BN1 7EU

Tel: 01273 558597

2009 Individual Points Competition

Points are awarded to an individual rider from an ESCA affiliated club in each ESCA open event as follows:

Solo Time Trials	30 points for first place down to 1 point for 30th place
2up Team Time Trial	30 points for each rider of first team down to 2 points for each rider of 15th team*

*Composite teams and solo riders are not eligible for points

Rank	Rider	Club	1 HR	2 2up	3 10	4 25	5 50	6 100	7 10	8 25	Total Points	No Rides
1	Mark WINTON	Lewes Wanderers	27	28	29	28	29	29	24	19	213	8
2	Iain BROGDEN	Eastbourne Rovers	29	-	28	27	30	30	30	27	201	7
3	Andy COX	Lewes Wanderers	24	28	14	18	21	28	21	15	169	8
4	Nick DWYER	Lewes Wanderers	-	-	25	30	28	27	25	26	161	6
5	Michael VALKS	Sussex Nomads	21	-	24	24	25	-	20	15	129	6
6	Peter MOON	Eastbourne Rovers	4	24	20	23	23	-	17	16	127	7
7	Ian BURGESS	In-Gear Quickvit RT	16	-	30	29	-	-	26	25	126	5
8	Peter BAKER	Lewes Wanderers	22	-	12	15	22	26	11	12	120	7
9	James BRICKELL	In-Gear Quickvit RT	12	30	18	19	-	-	17	21	117	6
10	Geoff SMITH	Sussex Nomads	23	-	11	14	19	23	0	1	91	7
11	David POLLARD	In-Gear Quickvit RT	-	30	-	-	-	-	30	29	89	3
12	Stephen COMBEN	In-Gear Quickvit RT	-	-	27	26	26	-	-	-	79	3
13	David EARL	Hastings & St L CC	18	16	15	17	-	-	-	-	66	4
14	James LOWDEN	Lewes Wanderers	-	0	-	20	-	-	22	17	59	4
15	Dan HENCHY	Hastings & St L CC	20	18	19	-	-	-	-	-	57	3
16	Stuart MEDHURST	Eastbourne Rovers	-	24	16	-	16	-	-	-	56	3
17	Jim CHEEK	In-Gear Quickvit RT	-	-	-	-	-	-	27	28	55	2
	Jamie BEALE	Hastings & St L CC	14	16	9	16	-	-	-	-	55	4
19	Steve DENNIS	East Grinstead CC	-	22	-	-	-	-	-	30	52	2
20	Paul THATCHER	Brighton Mitre	-	-	24	-	27	-	-	-	51	2
21	Mike LEVETT	Lewes Wanderers	-	-	-	-	17	22	1	9	49	4
22	Ivan JOHNSON	Hastings & St L CC	26	-	-	22	-	-	-	-	48	2
	Jason SALTER	In-Gear Dev Squad	25	-	-	-	-	-	-	23	48	2
24	Alan MACINNES	East Grinstead CC	-	22	-	-	-	-	-	24	46	2
	Conall YATES	In-Gear Quickvit RT	-	-	26	-	-	-	20	-	46	2
	Richard GIFFORD	In-Gear Quickvit RT	-	-	21	25	-	-	-	-	46	2
27	Nathan BOSCHMA	VC In-Gear	17	-	-	-	-	-	17	10	44	3
28	Anthony REEVES	GS Stella	-	20	-	-	-	-	-	22	42	2
29	Mike ANTON	East Grinstead CC	-	-	10	-	24	-	-	-	34	2
30	Alan LLOYD	Lewes Wanderers	0	-	-	12	-	21	-	0	33	4
31	Stuart DAVIS	Eastbourne Rovers	19	-	-	-	-	-	-	13	32	2
	Oliver TUCKLEY	Lewes Wanderers	1	-	0	7	20	-	4	0	32	6
33	Christopher CHAPMAN	Hastings & St L CC	12	18	1	-	-	-	-	-	31	3
	Hugh PROCTER	Lewes Wanderers	-	-	0	-	11	20	-	-	31	3
35	Peter TADROS	In-Gear Quickvit RT	30	-	-	-	-	-	-	-	30	1
	Andy EATON	Bodyworks XTC Tri Store	-	-	-	9	-	-	13	8	30	3
37	Graeme HADLOW	Bayeux Landscapes	28	-	-	-	-	-	-	-	28	1
	Rob PELHAM	VC In-Gear	-	-	-	-	-	-	28	-	28	1
39	Ian HENDRY	Hastings & St L CC	5	-	0	-	13	-	9	-	27	4
40	Paul BYFORD	GS Stella	-	26	-	-	-	-	-	-	26	1
	Richard WEATHERSTONE	GS Stella	-	26	-	-	-	-	-	-	26	1
42	Sarah LOVELOCK	Bodyworks XTC Tri Store	-	-	-	-	-	25	-	-	25	1
	Keith CARTER	Horsham Cycling	-	-	-	-	-	-	14	11	25	2
	Mark BRITTLE	Hastings & St L CC	-	-	0	13	-	-	12	-	25	3
45	Christian YATES	East Grinstead CC	-	-	-	-	-	-	24	-	24	1
	Bronwen EWING	Rye Wheelers	-	-	-	-	-	24	-	-	24	1

Rank	Rider	Club	1 HR	2 2up	3 10	4 25	5 50	6 100	7 10	8 25	Total Points	No Rides
45	Chris PARKER	Hastings & St L CC	0	0	0	0	5	19	0	0	24	8
48	Lee HOLDAWAY	Hastings & St L CC	-	-	-	-	18	-	5	-	23	2
	Andrew MORLEY	VC In-Gear	13	-	-	-	-	-	7	3	23	3
50	Mark PATON	Sussex Nomads	-	-	22	-	-	-	-	-	22	1
51	Jon SHARPLES	In-Gear Quickvit RT	-	-	-	21	-	-	-	-	21	1
	Richard WOODWARD	East Grinstead CC	1	14	-	-	-	-	-	6	21	3
53	Steven WOODBRIDGE	GS Stella	-	20	-	-	-	-	-	-	20	1
	Peter ROWE	Southborough Wheelers	-	-	-	-	-	-	-	20	20	1
	Simon YATES	Lewes Wanderers	-	-	0	0	2	18	-	-	20	4
56	Max NORRELL	Bayeux Landscapes	-	-	8	11	-	-	-	-	19	2
	Jonathan MOLTON	Hastings & St L CC	4	-	0	5	10	-	-	-	19	4
58	Sholto HAGGART	Brighton Mitre	-	-	-	-	-	-	18	-	18	1
	Mel ROBERTON	Worthing Excelsior	-	-	-	-	-	-	-	18	18	1
	Steven WILLIS	Eastbourne Rovers	8	10	-	-	-	-	-	-	18	2
	Paul WINKLEY	East Grinstead CC	0	14	-	-	-	-	-	4	18	3
62	Carmen KUBISA	Rye Wheelers	-	-	-	-	-	17	-	-	17	1
	Will KEMP	VC In-Gear	-	-	17	-	-	-	-	-	17	1
64	Chris WATSON	Hastings & St L CC	15	-	-	-	-	-	-	-	15	1
	Paul OUTHWAITE	Worthing Excelsior	-	-	-	-	15	-	-	-	15	1
66	Chris HODGE	Brighton Excelsior	-	-	-	-	14	-	-	-	14	1
	Roy PAGE	Brighton Excelsior	-	-	6	8	-	-	-	-	14	2
68	Andy SELTZER	East Grinstead CC	-	-	13	-	-	-	-	-	13	1
69	Adam GENT	In-Gear Dev Squad	-	12	-	-	-	-	-	-	12	1
	Jake BUTLER	In-Gear Dev Squad	-	12	-	-	-	-	-	-	12	1
	Stuart JAGO	Worthing Excelsior	-	-	-	-	12	-	0	0	12	3
72	Matthew SCOTT	Eastbourne Rovers	-	10	-	-	-	-	-	-	10	1
	Juliette CLARK	In-Gear Quickvit RT	-	-	-	10	-	-	-	-	10	1
	Simon FARMER	Lewes Wanderers	10	-	-	-	-	-	-	-	10	1
	Mark PELLING	In-Gear Quickvit RT	-	-	0	-	-	-	10	-	10	2
	Kevin BURTON	Eastbourne Rovers	6	0	0	4	-	-	0	0	10	6
	Thomas BAKER	Lewes Wanderers	2	-	0	0	8	-	0	0	10	6
78	Tim HOLMES	Brighton Mitre	9	-	-	-	-	-	-	-	9	1
	Peter LOGAN	Worthing Excelsior	-	-	-	-	9	-	-	0	9	2
80	James BOWTELL	In-Gear Dev Squad	-	8	-	-	-	-	-	-	8	1
	Joshua CUNNINGHAM	In-Gear Dev Squad	-	-	-	-	-	-	8	-	8	1
	Oliver WILMOT	In-Gear Dev Squad	-	8	-	-	-	-	-	-	8	1
83	Simon ROBERTS	Brighton Excelsior	7	-	-	-	-	-	-	-	7	1
	Tom ROSSETTER	Eastbourne Rovers	-	-	7	-	-	-	-	-	7	1
	Matt COOMBS	Lewes Wanderers	-	-	-	-	-	-	-	7	7	1
	Helen MILLIER	Lewes Wanderers	-	-	-	-	7	-	0	0	7	3
87	Chris KITCHENHAM	East Grinstead CC	-	-	-	-	-	-	6	-	6	1
	Cameron CARTHEW	In-Gear Dev Squad	-	6	-	-	-	-	-	-	6	1
	James KING	In-Gear Dev Squad	-	6	-	-	-	-	-	-	6	1
	Dominic LOWDEN	Lewes Wanderers	-	-	-	6	-	-	-	-	6	1
	Debbie EVERS	Lewes Wanderers	-	-	0	0	6	-	-	-	6	3
92	Mark STORIE	GS Stella	-	-	-	-	-	-	-	5	5	1
	Bruce ENGLISH	Lewes Wanderers	-	0	5	-	-	-	-	0	5	3
94	Stuart PAYNE	Central Sussex CC	-	-	-	-	-	-	4	-	4	1
	Darren NEWMAN	VC In-Gear	-	4	-	-	-	-	-	-	4	1
	Adam FORD	Eastbourne Rovers	-	-	4	-	-	-	0	-	4	2
	Sam DIX	VC In-Gear	0	4	-	-	-	-	-	-	4	2
	Andrew PARSONS	Eastbourne Rovers	-	-	0	-	4	-	0	-	4	3
	Ian CRAIG	Lewes Wanderers	-	0	2	2	-	-	-	-	4	3
100	Patrick HOUGH	Lewes Wanderers	-	-	3	-	-	-	-	-	3	1
	Joan LENNON	Worthing Excelsior	-	-	-	-	3	-	-	-	3	1

Rank	Rider	Club	1 HR	2 2up	3 10	4 25	5 50	6 100	7 10	8 25	Total Points	No Rides	
100	Chris MARTIN	Lewes Wanderers	-	-	-	3	-	-	0	-	3	2	
103	Stuart PAPWORTH	Horsham Cycling	-	-	-	-	-	-	-	2	2	1	
	Richard TRANER	Lewes Wanderers	-	2	-	-	-	-	-	-	2	1	
	Roger WATTS	Lewes Wanderers	-	2	-	-	-	-	-	-	2	1	
	John PHILIPS	VC In-Gear	-	-	-	-	-	-	2	-	2	1	
107	Ian LANDLESS	Lewes Wanderers	-	-	-	1	-	-	-	-	1	1	
	David HOWARD-HOUSTON	Bodyworks XTC Tri Store	-	-	-	-	-	-	0	-	0	1	
	Sue EATON	Bodyworks XTC Tri Store	-	-	-	-	-	-	0	-	0	1	
	Alan BOWRY	Brighton Excelsior	-	-	-	-	-	-	-	0	0	1	
	Elaine SCOTT	Brighton Excelsior	-	0	-	-	-	-	-	-	0	1	
	Ian ESSEX	Brighton Excelsior	-	0	-	-	-	-	-	-	0	1	
	Tom GRANT	Brighton Excelsior	0	-	-	-	-	-	-	-	0	1	
	Alan TILBURY	Brighton Mitre	-	0	-	-	-	-	-	-	0	1	
	Clare LEONARD	Brighton Mitre	-	0	-	-	-	-	-	-	0	1	
	Michael LEONARD	Brighton Mitre	-	0	-	-	-	-	-	-	0	1	
	Rupert ROBIN	Brighton Mitre	-	0	-	-	-	-	-	-	0	1	
	Alan ROBINSON	Central Sussex CC	-	-	-	-	-	-	0	-	0	1	
	Clive JACKSON	Central Sussex CC	-	-	-	-	-	-	0	-	0	1	
	Donald AWCOCK	Central Sussex CC	-	-	-	-	-	-	-	0	0	1	
	David HICKEY	Crawley Wheelers	-	-	-	-	-	-	0	-	0	1	
	Michael ZUILL	Crawley Wheelers	-	-	0	-	-	-	-	-	0	1	
	David LAW	East Grinstead CC	-	-	-	-	-	-	-	0	0	1	
	Jonathan CARTER	East Grinstead CC	-	-	-	-	-	-	-	0	0	1	
	Roy BROWN	East Grinstead CC	-	-	0	-	-	-	-	-	0	1	
	Alan SYMONDS	Eastbourne Rovers	-	-	-	0	-	-	-	-	0	1	
	Andrew STOBART	Eastbourne Rovers	-	-	-	-	-	-	0	-	0	1	
	Graham LADE	Eastbourne Rovers	-	-	0	-	-	-	-	-	0	1	
	Mark JOBBINS	Eastbourne Rovers	-	-	-	-	-	-	0	-	0	1	
	Paul HOWES	Eastbourne Rovers	-	-	0	-	-	-	-	-	0	1	
	Rob RICKSON	Eastbourne Rovers	-	-	-	-	-	-	0	-	0	1	
	Christopher ASHTON	Hastings & St L CC	-	-	-	-	-	-	0	-	0	1	
	Steve BUCHANAN	Hastings & St L CC	-	-	0	-	-	-	-	-	0	1	
	Stuart DAVIDSON-WRIGHT	Hastings & St L CC	0	-	-	-	-	-	-	-	0	1	
	Bryn REEVES	Horsham Cycling	-	-	-	-	-	-	-	0	0	1	
	Elliot TABRAHAM-DOWERS	In-Gear Dev Squad	-	0	-	-	-	-	-	-	0	1	
	Sara GENT	In-Gear Dev Squad	-	0	-	-	-	-	-	-	0	1	
	Tom BOWERING	In-Gear Dev Squad	-	0	-	-	-	-	-	-	0	1	
	Ella YATES	In-Gear Quickvit RT	-	-	0	-	-	-	-	-	0	1	
	Chris HOUGH	Lewes Wanderers	-	-	0	-	-	-	-	-	0	1	
	Harriet LOWDEN	Lewes Wanderers	-	0	-	-	-	-	-	-	0	1	
	John MANKELow	Lewes Wanderers	-	-	-	-	-	-	-	0	0	1	
	Gordon SHERWOOD	Rye Wheelers	-	-	0	-	-	-	-	-	0	1	
	Andrew THOMAS	Southborough Wheelers	-	-	-	-	-	-	-	0	0	1	
	Graham HILLS	Southborough Wheelers	-	-	-	-	-	-	-	0	0	1	
	Les HAYMAN	Southborough Wheelers	-	-	-	0	-	-	-	-	0	1	
	Martin YARDLEY	Southborough Wheelers	-	-	-	0	-	-	-	-	0	1	
	Mat PENNELL	Southborough Wheelers	-	-	-	0	-	-	-	-	0	1	
	Simon TULLY	Southborough Wheelers	-	-	-	-	-	-	-	0	0	1	
	Arthur GREENSLADE	VC In-Gear	0	-	-	-	-	-	-	-	0	1	
	Carl RICHARDSON	VC In-Gear	-	-	-	-	-	-	-	0	0	1	
	David DALLIMORE	VTTA (Surrey/Sussex)	-	-	-	-	-	-	-	0	-	0	1
	Clive LETT	Worthing Excelsior	-	-	-	-	-	-	-	-	0	0	1
Robert DOWNHAM	Worthing Excelsior	-	-	-	-	-	-	-	-	0	0	1	
David FITZPATRICK	Bodyworks XTC Tri Store	-	-	0	0	-	-	-	-	-	0	2	
Paul CHARLTON	Bodyworks XTC Tri Store	-	-	0	0	-	-	-	-	-	0	2	
Mark WHITFIELD	Eastbourne Rovers	0	-	0	-	-	-	-	-	-	0	2	
Michael HORNER	Eastbourne Rovers	-	-	-	-	-	-	-	0	0	0	2	
Greg BLACKWELL	Hastings & St L CC	0	0	-	-	-	-	-	-	-	0	2	
Mark CORLISS	Hastings & St L CC	-	-	0	0	-	-	-	-	-	0	2	
Samuel CHEESMAN	In-Gear Dev Squad	0	0	-	-	-	-	-	-	-	0	2	
Graham JEFFS	Lewes Wanderers	0	-	-	-	-	-	-	-	0	0	2	

Rank	Rider	Club	1 HR	2 2up	3 10	4 25	5 50	6 100	7 10	8 25	Total Points	No Rides
	Paul HANRATTY	Lewes Wanderers	-	-	-	-	-	-	0	0	0	2
	Stephen GASTON	Lewes Wanderers	-	0	-	0	-	-	-	-	0	2
	Stephen LONG	Lewes Wanderers	-	-	0	0	-	-	-	-	0	2
	Ade FADERO	Sussex Nomads	-	-	-	-	-	-	0	0	0	2
	David COX	Eastbourne Rovers	-	0	-	-	-	-	0	0	0	3
	Emma RICHARDS	Eastbourne Rovers	-	-	-	0	-	-	0	0	0	3
	Jay MILES	Hastings & St L CC	0	-	0	0	-	-	-	-	0	3
	Simon NEWELL	Hastings & St L CC	0	-	-	0	-	-	-	0	0	3
	Tim MILES	Hastings & St L CC	-	-	0	0	-	-	-	0	0	3
	James MCCARRON	In-Gear Dev Squad	0	-	-	-	-	-	0	0	0	3
	Paul VALKS	Sussex Nomads	0	-	0	0	-	-	-	-	0	3
	Harry FEATHERSTONE	Eastbourne Rovers	-	-	0	0	-	-	0	0	0	4
	Tony MURPHY	Eastbourne Rovers	0	-	-	0	-	-	0	0	0	4
	Horry HEMSLEY	Lewes Wanderers	-	0	-	0	-	-	0	0	0	4
	Grand Total		468	480	466	465	464	329	472	466	3610	371

Sort order 1 – Highest number of points 2 – Least number of rides 3 – Club alphabetical 4 – Rider alphabetical on first name

2009 Club Points Competition

Points are awarded to any club affiliated to ESCA based on the performance of its individual members in each ESCA open event. The individual points earned by each rider are totalled and awarded to their respective club as follows:

Solo Time Trials 30 points for first place down to 1 point for 30th place

2up Team Time Trial 60 points for first team of two down to 4 points for 15th place*

*Composite teams and solo riders are not eligible for points

Rank	Club	1 HR	2 2up	3 10	4 25	5 50	6 100	7 10	8 25	Total Points	No Rides
1	Lewes Wanderers	86	60	90	142	171	191	108	105	953	96
2	In-Gear Quickvit RT	58	60	122	130	26	-	130	103	629	29
3	Eastbourne Rovers	66	68	75	54	73	30	47	56	469	58
4	Hastings & St L CC	114	68	44	73	46	19	26	0	390	54
5	Sussex Nomads	44	-	57	38	44	23	20	16	242	19
6	East Grinstead CC	1	72	23	-	24	-	30	64	214	18
7	VC In-Gear	30	8	17	-	-	-	54	13	122	14
8	GS Stella	-	92	-	-	-	-	-	27	119	6
9	In-Gear Dev Squad	25	52	-	-	-	-	8	23	108	17
10	Brighton Mitre	9	0	24	-	27	-	18	-	78	8
11	Worthing Excelsior	-	-	-	-	39	-	0	18	57	10
12	Bodyworks XTC Tri Store	-	-	0	9	-	25	13	8	55	10
13	Bayeux Landscapes	28	-	8	11	-	-	-	-	47	3
14	Rye Wheelers	-	-	0	-	-	41	-	-	41	3
15	Brighton Excelsior	7	0	6	8	14	-	-	0	35	8
16	Horsham Cycling	-	-	-	-	-	-	14	13	27	4
17	Southborough Wheelers	-	-	-	0	-	-	-	20	20	7
18	Central Sussex CC	-	-	-	-	-	-	4	0	4	4
	VTTA (Surrey/Sussex)	-	-	-	-	-	-	0	-	0	1
	Crawley Wheelers	-	-	0	-	-	-	0	-	0	2
	Grand Total	468	480	466	465	464	329	472	466	3610	371

Sort order 1 – Highest number of points 2 – Least number of rides

No entries received from 21st Century Airports CT, East Grinstead TC or Crawley CC

Sunday 17 January 2010

The ESCA Prize Presentation Luncheon

Horseshoe Inn, Windmill Hill, Herstmonceux, East Sussex

For bookings contact: Ann Human, Little brook, 73 Wannock Lane, Eastbourne, East Sussex BN20 9SG
Tel: 01323 485180 or e-mail ann.human@btinternet.com

Club breakdown by rider

Congratulations to Mark Winton and his club mates for a convincing win in both the individual and club points competition. Mark was joined in the top ten, by fellow Wanderers Andy Cox, Nick Dwyer and Peter Baker to secure another victory – well done the Wanderers!

Rank in Club	Lewes Wanderers	1 HR	2 2up	3 10	4 25	5 50	6 100	7 10	8 25	Total Points	No Rides
1	Mark WINTON	27	28	29	28	29	29	24	19	213	8
2	Andy COX	24	28	14	18	21	28	21	15	169	8
3	Nick DWYER	-	-	25	30	28	27	25	26	161	6
4	Peter BAKER	22	-	12	15	22	26	11	12	120	7
5	James LOWDEN	-	0	-	20	-	-	22	17	59	4
6	Mike LEVETT	-	-	-	-	17	22	1	9	49	4
7	Alan LLOYD	0	-	-	12	-	21	-	0	33	4
8	Oliver TUCKLEY	1	-	0	7	20	-	4	0	32	6
9	Hugh PROCTER	-	-	0	-	11	20	-	-	31	3
10	Simon YATES	-	-	0	0	2	18	-	-	20	4
11	Simon FARMER	10	-	-	-	-	-	-	-	10	1
11	Thomas BAKER	2	-	0	0	8	-	0	0	10	6
13	Matt COOMBS	-	-	-	-	-	-	-	7	7	1
13	Helen MILLIER	-	-	-	-	7	-	0	0	7	3
15	Dominic LOWDEN	-	-	-	6	-	-	-	-	6	1
15	Debbie EVERS	-	-	0	0	6	-	-	-	6	3
17	Bruce ENGLISH	-	0	5	-	-	-	-	0	5	3
18	Ian CRAIG	-	0	2	2	-	-	-	-	4	3
19	Patrick HOUGH	-	-	3	-	-	-	-	-	3	1
19	Chris MARTIN	-	-	-	3	-	-	0	-	3	2
21	Richard TRANER	-	2	-	-	-	-	-	-	2	1
21	Roger WATTS	-	2	-	-	-	-	-	-	2	1
23	Ian LANDLESS	-	-	-	1	-	-	-	-	1	1
-	Chris HOUGH	-	-	0	-	-	-	-	-	0	1
-	Harriet LOWDEN	-	0	-	-	-	-	-	-	0	1
-	John MANKELow	-	-	-	-	-	-	-	0	0	1
-	Graham JEFFS	0	-	-	-	-	-	-	0	0	2
-	Paul HANRATTY	-	-	-	-	-	-	0	0	0	2
-	Stephen GASTON	-	0	-	0	-	-	-	-	0	2
-	Stephen LONG	-	-	0	0	-	-	-	-	0	2
-	Horry HEMSLEY	-	0	-	0	-	-	0	0	0	4
	Lewes Wanderers Total	86	60	90	142	171	191	108	105	953	96



Up till now, **Chris Martin** has very kindly included an ESCA page on his Wanderers website: www.leweswanderers.co.uk/pages/ESCA/home.htm to provide details of our events and results, however, due to other commitments, Chris feels it's about time we had our own dedicated site – if anyone is interested in setting up and maintaining a simple website on behalf of the association, please contact our Chairman, Richard Blackmore

Our thanks also to **Mike Anton** and the **Sussex CA** for the regular updates posted on www.sussexca.org.uk

Club breakdown by rider continued

Rank in Club	In-Gear Quickvit RT	1 HR	2 2up	3 10	4 25	5 50	6 100	7 10	8 25	Total Points	No Rides
1	Ian BURGESS	16	-	30	29	-	-	26	25	126	5
2	James BRICKELL	12	30	18	19	-	-	17	21	117	6
3	David POLLARD	-	30	-	-	-	-	30	29	89	3
4	Stephen COMBEN	-	-	27	26	26	-	-	-	79	3
5	Jim CHEEK	-	-	-	-	-	-	27	28	55	2
6	Conall YATES	-	-	26	-	-	-	20	-	46	2
6	Richard GIFFORD	-	-	21	25	-	-	-	-	46	2
8	Peter TADROS	30	-	-	-	-	-	-	-	30	1
9	Jon SHARPLES	-	-	-	21	-	-	-	-	21	1
10	Juliette CLARK	-	-	-	10	-	-	-	-	10	1
10	Mark PELLING	-	-	0	-	-	-	10	-	10	2
-	Ella YATES	-	-	0	-	-	-	-	-	0	1
	In-Gear Quickvit RT Total	58	60	122	130	26	-	130	103	629	29

Each year the Presidency of the Association moves on alphabetically through its member clubs. Next year will be the turn of **In-Gear Quickvit RT**, and we are delighted to announce **Ian Burgess** will be **President in 2010**

Rank in Club	Eastbourne Rovers	1 HR	2 2up	3 10	4 25	5 50	6 100	7 10	8 25	Total Points	No Rides
1	Iain BROGDEN	29	-	28	27	30	30	30	27	201	7
2	Peter MOON	4	24	20	23	23	-	17	16	127	7
3	Stuart MEDHURST	-	24	16	-	16	-	-	-	56	3
4	Stuart DAVIS	19	-	-	-	-	-	-	13	32	2
5	Steven WILLIS	8	10	-	-	-	-	-	-	18	2
6	Matthew SCOTT	-	10	-	-	-	-	-	-	10	1
6	Kevin BURTON	6	0	0	4	-	-	0	0	10	6
8	Tom ROSSETTER	-	-	7	-	-	-	-	-	7	1
9	Adam FORD	-	-	4	-	-	-	0	-	4	2
9	Andrew PARSONS	-	-	0	-	4	-	0	-	4	3
-	Alan SYMONDS	-	-	-	0	-	-	-	-	0	1
-	Andrew STOBART	-	-	-	-	-	-	0	-	0	1
-	Graham LADE	-	-	0	-	-	-	-	-	0	1
-	Mark JOBBINS	-	-	-	-	-	-	0	-	0	1
-	Paul HOWES	-	-	0	-	-	-	-	-	0	1
-	Rob RICKSON	-	-	-	-	-	-	0	-	0	1
-	Mark WHITFIELD	0	-	0	-	-	-	-	-	0	2
-	Michael HORNER	-	-	-	-	-	-	0	0	0	2
-	David COX	-	0	-	-	-	-	0	0	0	3
-	Emma RICHARDS	-	-	-	0	-	-	0	0	0	3
-	Harry FEATHERSTONE	-	-	0	0	-	-	0	0	0	4
-	Tony MURPHY	0	-	-	0	-	-	0	0	0	4
	Eastbourne Rovers Total	66	68	75	54	73	30	47	56	469	58

Like many of you, Iain was reluctant to enter the **ESCA 100**, but it was a decision to reap reward, recognition and well deserved title of

East Sussex CA Best All Rounder and 100 mile Champion of 2009

With a phenomenal time of **4:05:45**, in his **first ever ride at the distance**, Iain obviously enjoyed it as he went on to take 8th place in the SCCU 100, three weeks later! – Despite feeling 'out of sorts' on the day.

Why not follow his lead, and **give the ESCA 100 a go next year** – more details on page 13

Club breakdown by rider continued

Rank in Club	Hastings & St L CC	1 HR	2 2up	3 10	4 25	5 50	6 100	7 10	8 25	Total Points	No Rides
1	David EARL	18	16	15	17	-	-	-	-	66	4
2	Dan HENCHY	20	18	19	-	-	-	-	-	57	3
3	Jamie BEALE	14	16	9	16	-	-	-	-	55	4
4	Ivan JOHNSON	26	-	-	22	-	-	-	-	48	2
5	Christopher CHAPMAN	12	18	1	-	-	-	-	-	31	3
6	Ian HENDRY	5	-	0	-	13	-	9	-	27	4
7	Mark BRITTLE	-	-	0	13	-	-	12	-	25	3
8	Chris PARKER	0	0	0	0	5	19	0	0	24	8
9	Lee HOLDAWAY	-	-	-	-	18	-	5	-	23	2
10	Jonathan MOLTON	4	-	0	5	10	-	-	-	19	4
11	Chris WATSON	15	-	-	-	-	-	-	-	15	1
-	Christopher ASHTON	-	-	-	-	-	-	0	-	0	1
-	Steve BUCHANAN	-	-	0	-	-	-	-	-	0	1
-	Stuart DAVIDSON-WRIGHT	0	-	-	-	-	-	-	-	0	1
-	Greg BLACKWELL	0	0	-	-	-	-	-	-	0	2
-	Mark CORLISS	-	-	0	0	-	-	-	-	0	2
-	Jay MILES	0	-	0	0	-	-	-	-	0	3
-	Simon NEWELL	0	-	-	0	-	-	-	0	0	3
-	Tim MILES	-	-	0	0	-	-	-	0	0	3
-	Hastings & St L CC Total	114	68	44	73	46	19	26	0	390	54

Following an accident in the ESCA 10 on Saturday 12 September 2009, in which Hastings & St Leonards rider, **Mark Corliss** suffered a broken vertebrae and shattered elbow joint – we are pleased to hear Mark is now out of hospital, and continues to make good progress. We wish Mark all the very best for his continued recovery.

– take care out there

Rank in Club	Sussex Nomads	1 HR	2 2up	3 10	4 25	5 50	6 100	7 10	8 25	Total Points	No Rides
1	Michael VALKS	21	-	24	24	25	-	20	15	129	6
2	Geoff SMITH	23	-	11	14	19	23	0	1	91	7
3	Mark PATON	-	-	22	-	-	-	-	-	22	1
-	Ade FADERO	-	-	-	-	-	-	0	0	0	2
-	Paul VALKS	0	-	0	0	-	-	-	-	0	3
-	Sussex Nomads Total	44	-	57	38	44	23	20	16	242	19

Rank in Club	East Grinstead CC	1 HR	2 2up	3 10	4 25	5 50	6 100	7 10	8 25	Total Points	No Rides
1	Steve DENNIS	-	22	-	-	-	-	-	30	52	2
2	Alan MACINNES	-	22	-	-	-	-	-	24	46	2
3	Mike ANTON	-	-	10	-	24	-	-	-	34	2
4	Christian YATES	-	-	-	-	-	-	24	-	24	1
5	Richard WOODWARD	1	14	-	-	-	-	-	6	21	3
6	Paul WINKLEY	0	14	-	-	-	-	-	4	18	3
7	Andy SELTZER	-	-	13	-	-	-	-	-	13	1
8	Chris KITCHENHAM	-	-	-	-	-	-	6	-	6	1
-	David LAW	-	-	-	-	-	-	-	0	0	1
-	Jonathan CARTER	-	-	-	-	-	-	-	0	0	1
-	Roy BROWN	-	-	0	-	-	-	-	-	0	1
-	East Grinstead CC Total	1	72	23	-	24	-	30	64	214	18

Club breakdown by rider continued

Rank in Club	VC In-Gear	1 HR	2 2up	3 10	4 25	5 50	6 100	7 10	8 25	Total Points	No Rides
1	Nathan BOSCHMA	17	-	-	-	-	-	17	10	44	3
2	Rob PELHAM	-	-	-	-	-	-	28	-	28	1
3	Andrew MORLEY	13	-	-	-	-	-	7	3	23	3
4	Will KEMP	-	-	17	-	-	-	-	-	17	1
5	Darren NEWMAN	-	4	-	-	-	-	-	-	4	1
5	Sam DIX	0	4	-	-	-	-	-	-	4	2
7	John PHILIPS	-	-	-	-	-	-	2	-	2	1
-	Arthur GREENSLADE	0	-	-	-	-	-	-	-	0	1
-	Carl RICHARDSON	-	-	-	-	-	-	-	0	0	1
-	VC In-Gear Total	30	8	17	-	-	-	54	13	122	14

Rank in Club	GS Stella	1 HR	2 2up	3 10	4 25	5 50	6 100	7 10	8 25	Total Points	No Rides
1	Anthony REEVES	-	20	-	-	-	-	-	22	42	2
2	Paul BYFORD	-	26	-	-	-	-	-	-	26	1
2	Richard WEATHERSTONE	-	26	-	-	-	-	-	-	26	1
4	Steven WOODBRIDGE	-	20	-	-	-	-	-	-	20	1
5	Mark STORIE	-	-	-	-	-	-	-	5	5	1
-	GS Stella Total	-	92	-	-	-	-	-	27	119	6

Rank in Club	In-Gear Dev Squad	1 HR	2 2up	3 10	4 25	5 50	6 100	7 10	8 25	Total Points	No Rides
1	Jason SALTER	25	-	-	-	-	-	-	23	48	2
2	Adam GENT	-	12	-	-	-	-	-	-	12	1
2	Jake BUTLER	-	12	-	-	-	-	-	-	12	1
4	James BOWTELL	-	8	-	-	-	-	-	-	8	1
4	Joshua CUNNINGHAM	-	-	-	-	-	-	8	-	8	1
4	Oliver WILMOT	-	8	-	-	-	-	-	-	8	1
7	Cameron CARTHEW	-	6	-	-	-	-	-	-	6	1
7	James KING	-	6	-	-	-	-	-	-	6	1
-	Elliot TABRAHAM-DOWERS	-	0	-	-	-	-	-	-	0	1
-	Sara GENT	-	0	-	-	-	-	-	-	0	1
-	Tom BOWERING	-	0	-	-	-	-	-	-	0	1
-	Samuel CHEESMAN	0	0	-	-	-	-	-	-	0	2
-	James MCCARRON	0	-	-	-	-	-	0	0	0	3
-	In-Gear Dev Squad Total	25	52	-	-	-	-	8	23	108	17

Rank in Club	Brighton Mitre	1 HR	2 2up	3 10	4 25	5 50	6 100	7 10	8 25	Total Points	No Rides
1	Paul THATCHER	-	-	24	-	27	-	-	-	51	2
2	Sholto HAGGART	-	-	-	-	-	-	18	-	18	1
3	Tim HOLMES	9	-	-	-	-	-	-	-	9	1
-	Alan TILBURY	-	0	-	-	-	-	-	-	0	1
-	Clare LEONARD	-	0	-	-	-	-	-	-	0	1
-	Michael LEONARD	-	0	-	-	-	-	-	-	0	1
-	Rupert ROBIN	-	0	-	-	-	-	-	-	0	1
-	Brighton Mitre Total	9	0	24	-	27	-	18	-	78	8

Rank in Club	Worthing Excelsior	1 HR	2 2up	3 10	4 25	5 50	6 100	7 10	8 25	Total Points	No Rides
1	Mel ROBERTON	-	-	-	-	-	-	-	18	18	1
2	Paul OUTHWAITE	-	-	-	-	15	-	-	-	15	1
3	Stuart JAGO	-	-	-	-	12	-	0	0	12	3
4	Peter LOGAN	-	-	-	-	9	-	-	0	9	2
5	Joan LENNON	-	-	-	-	3	-	-	-	3	1
-	Clive LETT	-	-	-	-	-	-	-	0	0	1
-	Robert DOWNHAM	-	-	-	-	-	-	-	0	0	1
-	Worthing Excelsior Total	-	-	-	-	39	-	0	18	57	10

Club breakdown by rider continued

Rank in Club	Bodyworks XTC Tri Store	1 HR	2 2up	3 10	4 25	5 50	6 100	7 10	8 25	Total Points	No Rides
1	Andy EATON	-	-	-	9	-	-	13	8	30	3
2	Sarah LOVELOCK	-	-	-	-	-	25	-	-	25	1
-	David HOWARD-HOUSTON	-	-	-	-	-	-	0	-	0	1
-	Sue EATON	-	-	-	-	-	-	0	-	0	1
-	David FITZPATRICK	-	-	0	0	-	-	-	-	0	2
-	Paul CHARLTON	-	-	0	0	-	-	-	-	0	2
-	Bodyworks XTC Tri Store Total	-	-	0	9	-	25	13	8	55	10

Rank in Club	Bayeux Landscapes	1 HR	2 2up	3 10	4 25	5 50	6 100	7 10	8 25	Total Points	No Rides
1	Graeme HADLOW	28	-	-	-	-	-	-	-	28	1
2	Max NORRELL	-	-	8	11	-	-	-	-	19	2
-	Bayeux Landscapes Total	28	-	8	11	-	-	-	-	47	3

Rank in Club	Rye Wheelers	1 HR	2 2up	3 10	4 25	5 50	6 100	7 10	8 25	Total Points	No Rides
1	Bronwen EWING	-	-	-	-	-	24	-	-	24	1
2	Carmen KUBISA	-	-	-	-	-	17	-	-	17	1
-	Gordon SHERWOOD	-	-	0	-	-	-	-	-	0	1
-	Rye Wheelers Total	-	-	0	-	-	41	-	-	41	3

Rank in Club	Brighton Excelsior	1 HR	2 2up	3 10	4 25	5 50	6 100	7 10	8 25	Total Points	No Rides
1	Chris HODGE	-	-	-	-	14	-	-	-	14	1
1	Roy PAGE	-	-	6	8	-	-	-	-	14	2
3	Simon ROBERTS	7	-	-	-	-	-	-	-	7	1
-	Alan BOWRY	-	-	-	-	-	-	-	0	0	1
-	Elaine SCOTT	-	0	-	-	-	-	-	-	0	1
-	Ian ESSEX	-	0	-	-	-	-	-	-	0	1
-	Tom GRANT	0	-	-	-	-	-	-	-	0	1
-	Brighton Excelsior Total	7	0	6	8	14	-	-	0	35	8

Rank in Club	Horsham Cycling	1 HR	2 2up	3 10	4 25	5 50	6 100	7 10	8 25	Total Points	No Rides
1	Keith CARTER	-	-	-	-	-	-	14	11	25	2
2	Stuart PAPWORTH	-	-	-	-	-	-	-	2	2	1
-	Bryn REEVES	-	-	-	-	-	-	-	0	0	1
-	Horsham Cycling Total	-	-	-	-	-	-	14	13	27	4

Our thanks to **Mike Cross** of **Horsham Cycling** for holding the office of President for 2009, and we wish him well in his new role as Treasurer for CTT London South District.

Rank in Club	Southborough Wheelers	1 HR	2 2up	3 10	4 25	5 50	6 100	7 10	8 25	Total Points	No Rides
1	Peter ROWE	-	-	-	-	-	-	-	20	20	1
-	Andrew THOMAS	-	-	-	-	-	-	-	0	0	1
-	Graham HILLS	-	-	-	-	-	-	-	0	0	1
-	Les HAYMAN	-	-	-	0	-	-	-	-	0	1
-	Martin YARDLEY	-	-	-	0	-	-	-	-	0	1
-	Mat PENNELL	-	-	-	0	-	-	-	-	0	1
-	Simon TULLY	-	-	-	-	-	-	-	0	0	1
-	Southborough Wheelers Total	-	-	-	0	-	-	-	20	20	7

Club breakdown by rider continued

Rank in Club	Central Sussex CC	1 HR	2 2up	3 10	4 25	5 50	6 100	7 10	8 25	Total Points	No Rides
1	Stuart PAYNE	-	-	-	-	-	-	4	-	4	1
-	Alan ROBINSON	-	-	-	-	-	-	0	-	0	1
-	Clive JACKSON	-	-	-	-	-	-	0	-	0	1
-	Donald AWCOCK	-	-	-	-	-	-	-	0	0	1
-	Central Sussex CC Total	-	-	-	-	-	-	4	0	4	4

Rank in Club	VTTA (Surrey/Sussex)	1 HR	2 2up	3 10	4 25	5 50	6 100	7 10	8 25	Total Points	No Rides
-	David DALLIMORE	-	-	-	-	-	-	0	-	0	1
-	VTTA (Surrey/Sussex) Total	-	-	-	-	-	-	0	-	0	1

Rank in Club	Crawley Wheelers	1 HR	2 2up	3 10	4 25	5 50	6 100	7 10	8 25	Total Points	No Rides
-	David HICKEY	-	-	-	-	-	-	0	-	0	1
-	Michael ZUILL	-	-	0	-	-	-	-	-	0	1
-	Crawley Wheelers Total	-	-	0	-	-	-	0	-	0	2

Grand Total	468	480	466	465	464	329	472	466	3610	371
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...Support for the ESCA 100

Despite the disappointing level of entries, the Association remains committed to putting on the 100 each year, albeit at a loss. But leaving the financial aspect to one side, the most significant hurdle is finding someone who is prepared to put in all the hard work necessary to make the event possible, and we are extremely grateful to Bob Harber for offering to promote the event again in 2010.

... I know we did tell you on Sunday how well organised we thought the time trial was and how much we appreciate your efforts in putting on the event. Really well organised and friendly event – great bread pudding.

... Just wanted to say that despite my problems on Sunday, it was a great event ...

Bob first promoted the event in 2008 when there were only 31 entries (18 from ESCA affiliated clubs), and again in 2009 when entries rose slightly to 33 (19 from ESCA affiliated clubs), so we should consider ourselves very fortunate indeed that Bob remains enthusiastic and is prepared to take it on again.

Judging by the variety of comments and positive feedback Bob received from last year's entrants, it is obviously worthwhile, and his efforts appreciated – so let's see if we can't reciprocate his zeal with a bit more support in 2010.

... A big thank you to you and the marshals and everyone else involved in the running and organisation of the ESCA 100 ...

... I would just like to say a big thank you for organising the event and to all the marshals out there directing who also managed to shout encouragement too ...

Some facts and figures ...

Being unable to confirm a promoter in 2007, the last SCA 100 was in 2006 with 50 entries, but only 8 of those were from ESCA clubs, and it has not appeared on their event calendar since. ESCA didn't promote a 100 in 2007 either, but had 40 entries in its 'Diamond Jubilee' 100 in 2006 – 21 from ESCA affiliated clubs.

In **2008** the SCCU 'Centenary 100' had 100 entries, 36 being from ESCA clubs, while our own event only attracted 31 entries including 19 from ESCA clubs.

... Really appreciate all your hard work, thanks very much.

In **2009** the SCCU 100 had 95 entries (29 from ESCA Clubs); the KCA 100 had 62 entries (11 from ESCA clubs) and the ESCA 100, 33 entries (19 from ESCA clubs).

From an ESCA rider's point of view, one would assume the preference for the SCCU event would be down to the course, and the possibility of a faster time, but it was interesting to note that in 2009 this was not necessarily so.

Top 12 results from the 2009 100s in our area:

Kent 100			ESCA 100				
12 June 2009			05 July 2009				
		G100/5			G100/86		
1	Andy Miles	VC Elan	04:03:57	1	David Shepherd	Liphook Cycles RT	04:04:19
2	Gary Birch	VC Elan	04:04:28	2	Iain Brogden	Eastbourne Rovers	04:05:45
3	David Wheeler	Rye Wheelers	04:05:38	3	Ben Ward *	Kent Cycles RC	04:09:18
4	Phil Bull	VC Elan	04:07:14	4	James Hughes	Bec CC	04:13:58
5	Richard Masters	Wigmore CC	04:07:36	5	Alex Fairman	Kent Cycles RC	04:15:12
6	Ian Sutton	San Fairy Ann CC	04:09:40	6	Stephen Morgan	Tooting BC	04:19:32
7	Ben Ward	Kent Cycles RC	04:10:42	7	Mark Winton	Lewes Wanderers	04:20:58
8	Stephen Berry	San Fairy Ann CC	04:12:57	8	Simon Underwood	CC Topp	04:22:24
9	Thomas Rodda	RAF CC	04:14:42	9	Andy Cox	Lewes Wanderers	04:23:59
10	Phill Cloke	San Fairy Ann CC	04:15:20	10	Duncan Murdoch	Redhill CC	04:28:43
11	Peter Rowe	Southborough Wheelers	04:21:31	11	Nick Dwyer	Lewes Wanderers	04:30:00
12	Colin Birch	VC Elan	04:22:28	12	Peter Baker	Lewes Wanderers	04:33:34

* Ben WARD – Includes 1min 50sec late start

SCCU 100			G100/60		
26 July 2009					
1	Andy Miles	VC Elan	04:06:07		
2	Douglas Fox	Crawley Wheelers	04:06:14		
3	Keith Coffey	Bec CC	04:06:22		
4	Mark Brambleby	Northovers Vets Team	04:15:50		
5	Jon Lewis	Charlotteville CC	04:15:50		
6	Paul Alderson	South Western RC	04:18:02		
7	Rupert Robinson	Crawley Wheelers	04:18:04		
8	Iain Brogden	Eastbourne Rovers	04:18:16		
9	George Brent	Addiscombe CC	04:18:58		
10	Nigel Reynolds	Worthing Excelsior	04:21:22		
11	Peter Moon	Eastbourne Rovers	04:23:29		
12	Keith Butler	Bec CC	04:23:32		

Obviously a lot depends on the conditions on the day, as reflected in the times of the Kent event, but also in 2009 there was an amendment to the SCCU course which incorporated two laps of the Ashurst circuit.

Early indications are that in 2010 this course (G100/60) will be used again – 2010 dates as follows:

Kent 100	Sunday 20 June 2010
SCCU 100	Sunday 25 July 2010
ESCA 100	Sunday 22 August 2010

The ESCA 100 is a qualifying event for

- **The ESCA BAR** – out of the 176 riders that entered ESCA events last year only 9 qualified for the ESCA BAR competition.
- **ESCA Points Competition** – with the exception of one, all other riders in the 100 earned equal or higher points than in any other ESCA event they had ridden in 2009.
- **The SCA BAR** – four riders completed both the SCCU and the ESCA 100, and each one of them got a better time in the ESCA event:

		ESCA	SCCU
Iain Brogden	Eastbourne Rovers	4:05:45	4:18:16
Geoff Smith	Sussex Nomads	4:35:12	4:40:48
Alan Lloyd	Lewes Wanderers	4:40:16	4:47:42
Mike Levett	Lewes Wanderers	4:43:22	4:55:33

- **SCA SPOCO Competition**
- **The BBAR competition**

Don't forget there's a new date for the 100 next year – Sunday 22 August 2010.

Traditionally the ESCA 100 has been held in July, as the 100s would generally precede the longer distance events, but as the Kent 12 hour is moving to a September slot in 2010, it seemed an ideal opportunity to move the ESCA 100 to a later date and spread out the 100s in our area.

◆◆◆◆ If you enjoy riding a bike, just think how much fun you can have in 4½ hours! ◆◆◆◆

If your club can help by providing marshals or undertaking the course signing in your area, please contact Bob Harber direct on 01903 879598. Any assistance your club can offer to help lighten the load would be welcomed and very much appreciated.

The ESCA 24 hour Event – 25/26 June 2011



2011 will see the return of the National 24 hour Championship to Sussex roads. With the course subject to the approval of London South District Council, plans are underway for the event to start in East Sussex at noon on Saturday 25 June 2011 with riders moving across to West Sussex for most of the hours of darkness, before returning to East Sussex and the proposed finishing circuit of Halland – Ringmer – Golden Cross – Halland. The event will also incorporate the VTTA National Championship.

The last 24 hour event held in the south was the 1999 National 24 Hour Championship, promoted by Brighton Mitre CC and organised by Mike Hayler, so who better than our very own Mike Hayler and Kent CA's 12 hour promoter, Esther Carpenter, to take on the mammoth task of organising the ESCA 24 hour event in 2011.

For further details contact: Mike Hayler 01323 505130
Esther Carpenter 01424 751581 esthercarpenter@rocketmail.com
Or visit the website www.esca24hour.org.uk



Twice National 24 Hour Champion, Dave Shepherd, to join an ESCA affiliated club...

With a view to entering a strong team for the ESCA 24, Dave Shepherd is planning to join forces with GS Stella's Andy Payne and Steve Trott. Shepherd won the 2002 national with 482.12 miles and the 1999 national with 483.92 miles when Andy Payne took second place with 474.16 miles – surely they will be a force to be reckoned with.

Fifth in 1999 was Lewes Wanderer, Chris Martin with 438.17 miles in an event he summarised as follows:

"Looking back I loved every minute of the event, it was superbly organized with so many people making it the best cycling event by a country mile that I have ever been involved in" – read his full account of 'A dreamer's guide to the National 24 Hour Championship - 26 & 27/06/99' at www.leweswanderers.co.uk/pages/99pages/24hour.htm

If you're thinking about entering a 24 hour for the first time, the **24 hour fellowship** may also be of interest as new members receive a free copy of the long distance training manual – for membership information and fees, please visit their website www.24hf.org/membership.htm

In the meantime, 2010 it is an ideal time to get some long distance rides under your belt, including

Kent 100
Sun 20 Jun 2010

SCCU 100
Sun 25 Jul 2010

ESCA 100
Sun 22 Aug 2010

Kent 12 Hour
Sun 05 Sep 2010

And finally, a big THANK YOU...

to the promoters, timekeepers, marshals and helpers who make the events possible, including, in no particular order:

George Taylor, Brian Holt, John Armstrong, Ron and Marion Ball, Dave and Sue Cox, Ken Miller, Richard Thomas, Gavin Smith, Stuart Crabb, Stu Greenway, Alan Symonds, Adam Ford, Julian Sykes, Harry and Lillian Featherstone, Charles Robson, Peter and David Watson, Catherine Hills, Peter Rowe, Diane Hayman, Tom Gordon, Peter Collyer, Steven Boyle, Ian Turner, Doug Finch, Nigel Smith, Johan Stegers, Graham Jeffs, John Mankelow, Bob Comben, Martin Phillips, Chris and Pam Winton, Nick Dwyer, Ian Craig, Amanda Winton, Mike Hayler, Romana Miles, Chris Chapman, Eddie and Nikki Henchy, Mark Corliss, Peter Price, Paul Gibbons, Clive Orchard, Ann Locke, Nicolette Yates, Brian Leaney, Robin Johnson, Esther Carpenter, Clive Orchard, John Galsworthy Stan Killick, Dave Marshall, Rob Rickson, Alan Bowry, Mike Cross, Adrian Hill, Anne Locke, Graham Jeffs, Alan Oakley, Colette Harber, Tony Gale, Sonya Double, Betty and Mike Labram, Andy and Lorraine Seltzer, Kevin Bashford, Angela Nainby, Chris Daniels and Stephen, Ben Hardisty, Martin Malins, Tony Horgan, Mick Robinson, Janet Blackmore and anyone else, behind the scenes, that I don't know about.

Promoters: Richard Blackmore, John Double, Bob Harber, Dan Henchy, Graham Hills, Peter Moon, Tony Palmer, Mark Winton and Simon Yates

Timekeepers: Su Balcombe, Richard Blackmore, Warwick Dunford, Les Hayman, Mike Irons, Mick Kilby, Graham Lade, Jane Lade and Richard Meed,

2010 ESCA Time Trial Programme

Event Date	Distance	Course	HQ/Area	Entry Fee	Promoter
Sun 14 Mar 2010 entries close Tue 02 Mar	15.06m Hardriders	GS/895	Bodle Street Green	£8.00	Peter Moon 73 Wannock Lane, Eastbourne, East Sussex BN20 9SG Tel: 01323 485180
Sun 04 Apr 2010 entries close Tue 23 Mar	23.92m 2up TTT	GS/839	Laughton Village Hall	£16.00 Team	Graham Hills Delaware, Beresford Road, Goudhurst, Kent TN17 1DN Tel: 01580 211766
Sat 17 Apr 2010 entries close Tue 06 Apr	10m	G10/87	East Hoathly Sports Centre	£8.00	Mark Winton 9 Swanee Close, Peacehaven, East Sussex BN10 8EZ Tel: 01273 548973
Sun 18 Apr 2010 entries close Tue 06 Apr	25m	G25/89	Fairwarp Village Hall	£8.00	Dan Henchy 48 Discovery House, 15 Susans Road, Eastbourne, East Sussex BN21 3AG Tel: 07841 657108
Sun 13 Jun 2010 entries close Tue 01 Jun	50m	G50/89	Fairwarp Village Hall	£8.00	Simon Yates The Old Stables, Crowborough Hill Crowborough, East Sussex TN6 2HL Tel: 01892 655785
Sun 22 Aug 2010 entries close Tue 10 Aug	100m	G100/86	Upper Dicker HQ To be confirmed	£10.00	Bob Harber 10 Windmill Close, Upper Beeding, Steyning, West Sussex BN44 3JP Tel: 01903 879598
Sat 11 Sep 2010 entries close Tue 31 Aug	10m	G10/87	East Hoathly Sports Centre	£8.00	Stephen Long 27 Pont Close, Punnetts Town, East Sussex TN21 9DP Tel: 01435 831013
Sun 12 Sep 2010 entries close Tue 31 Aug	25m	G25/89	Fairwarp Village Hall	£8.00	Richard Blackmore Ladymead, Snowhill, Crawley Down, West Sussex RH10 3EE Tel: 01342 713272
Sun 17 Oct 2010 entries close Tue 05 Oct	1542yd Hill Climb	GH/84	Firle Bostal	£6.00	Mark Winton 9 Swanee Close, Peacehaven, East Sussex BN10 8EZ Tel: 01273 548973

All open events are included in the ESCA Points Competition