



East Sussex Cycling Association

2017 President Bob Harber – Brighton Excelsior CC



ESCA 10m Time Trial – Saturday 22nd April 2017 – G10/87

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

Result Sheet

Event Secretary **Rob Pelham** (Lewes Wanderers CC)
Propel Bikes, 216 High Street, Uckfield, East Sussex TN22 1RE
Telephone: 01825 768241 Email: robmpelham@gmail.com Mobile: 07756 656595

Timekeepers **Tony Palmer** (Worthing Excelsior CC) and **Richard Blackmore** (East Grinstead CC)

The Prize Winners

Category	Pos	Rider	Club	Time	Prize
Fastest Overall	1st	George Welfare	Eastbourne Rovers CC	0:21:27	£ 30.00
	2nd =	Marc Townsend	Eastbourne Rovers CC	0:21:34	£ 25.00
	2nd =	Dan Sadler	RT 316	0:21:34	£ 25.00
	4th	Howard Shaw	Eastbourne Rovers CC	0:21:47	£ 15.00
	5th =	Christian Yates	East Grinstead CC	0:22:09	£ 10.00
	5th =	Damen Foord	Direct Power Cycling Team	0:22:09	£ 10.00
Fastest Lady	1st	Joscelin Lowden	APRIRE Bicycles/HSS Hire	0:23:08	£ 20.00
	2nd	Emma Lewis	APRIRE Bicycles/HSS Hire	0:23:11	£ 15.00
	3rd	Sally Turner	GS Stella	0:24:18	£ 10.00
Fastest Juvenile	1st	Fabien Large	Direct Power Cycling Team	0:24:16	£ 15.00
Fastest in each age category not winning another individual prize					
Aged under 35	(23)	Oliver Morris-Jones	In-Gear Quickvit Trainsharp RT	0:22:34	£ 10.00
Aged 35 – 39	(39)	Stephen Comben	Lewes Wanderers CC	0:23:27	£ 10.00
Aged 40 – 44	(42)	John-Paul Brophy	Eastbourne Rovers CC	0:23:00	£ 10.00
Aged 45 – 49	(47)	John Cordner	Eastbourne Rovers CC	0:22:15	£ 10.00
Aged 50 – 54	(53)	Samuel Ramsey	Lewes Wanderers CC	0:23:47	£ 10.00
Aged 55 – 59	(59)	David Pollard	In-Gear Quickvit Trainsharp RT	0:22:32	£ 10.00
Aged 60 – 64	(60)	Paul Winkley	East Grinstead CC	0:26:56	£ 10.00
Aged 65 or over	(68)	Robin Johnson	Brighton Mitre CC	0:29:34	£ 10.00
Fastest Team of 3	1st	George Welfare	Eastbourne Rovers CC	0:21:27	£ 15.00
		Marc Townsend	Eastbourne Rovers CC	0:21:34	£ 15.00
		Howard Shaw	Eastbourne Rovers CC	0:21:47	£ 15.00
				Total Team Time	1:04:48
	2nd	John Cordner	Eastbourne Rovers CC	0:22:15	£ 10.00
		Iain Brogden	Eastbourne Rovers CC	0:22:19	£ 10.00
		David Clark	Eastbourne Rovers CC	0:22:49	£ 10.00
				Total Team Time	1:07:23

ESCA 10m Time Trial – Saturday 22nd April 2017 – G10/87

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

Overall Result Sheet

Pos	Race No	Rider	Club	Cat	Age	Time
1	55	George Welfare	Eastbourne Rovers CC	S	31	0:21:27
2=	30	Dan Sadler	RT 316	V	40	0:21:34
2=	50	Marc Townsend	Eastbourne Rovers CC	S	36	0:21:34
4	60	Howard Shaw	Eastbourne Rovers CC	S	31	0:21:47
5=	10	Christian Yates	East Grinstead CC	V	54	0:22:09
5=	45	Damen Foord	Direct Power Cycling Team	S	33	0:22:09
7	46	John Cordner	Eastbourne Rovers CC	V	47	0:22:15
8	65	Iain Brogden	Eastbourne Rovers CC	V	48	0:22:19
9	40	David Pollard	In-Gear Quickvit Trainsharp RT	V	59	0:22:32
10	11	Oliver Morris-Jones	In-Gear Quickvit Trainsharp RT	S	23	0:22:34
11	66	Sean Quinney	Lewes Wanderers CC	V	48	0:22:40
12=	41	David Clark	Eastbourne Rovers CC	V	48	0:22:49
12=	51	Stuart Hodd	PB Cycle Coaching Racing Team	V	48	0:22:49
14	26	David Clements	Eastbourne Rovers CC	V	45	0:22:52
15	31	Dan Helyer	Eastbourne Rovers CC	S	29	0:22:55
16	15	John-Paul Brophy	Eastbourne Rovers CC	V	42	0:23:00
17	36	Joscelin Lowden	APRIRE Bicycles/HSS Hire	WS	29	0:23:08
18	25	Emma Lewis	APRIRE Bicycles/HSS Hire	WS	25	0:23:11
19	27	Rob Pelham	Lewes Wanderers CC	V	40	0:23:23
20	57	Stephen Comben	Lewes Wanderers CC	S	39	0:23:27
21	61	Sam Dix	In-Gear Quickvit Trainsharp RT	V	45	0:23:34
22	62	Samuel Ramsey	Lewes Wanderers CC	V	53	0:23:47
23	22	Aidan McConville	Lewes Wanderers CC	S	38	0:23:49
24	17	Dan Harwood	Hastings & St. Leonards CC	V	44	0:23:50
25	13	Daniel Ellis	Eastbourne Rovers CC	S	36	0:24:05
26	42	Fabien Large	Direct Power Cycling Team	Jv	15	0:24:16
27	16	Sally Turner	GS Stella	WS	37	0:24:18
28	63	Jason Le Goff	In-Gear Quickvit Trainsharp RT	V	41	0:24:37
29=	21	Andrew Quye	Southborough & Dist. Whs	V	55	0:24:40
29=	35	Peter Baker	Lewes Wanderers CC	V	59	0:24:40
31	56	Michael Valks	Lewes Wanderers CC	V	46	0:25:06
32	37	Peter Barling	Lewes Wanderers CC	S	34	0:25:07
33	58	Jonathan Molton	Hastings & St. Leonards CC	V	49	0:25:19
34	32	Bruce English	Eastbourne Rovers CC	V	52	0:26:04
35	59	Nathan Russell	Eastbourne Rovers CC	S	28	0:26:12
36	28	Richard Fisher	In-Gear Quickvit Trainsharp RT	V	53	0:26:43
37	69	Olivia Webb	Eastbourne Rovers CC	WV	48	0:26:47
38	33	Lee McGeever	Brighton Excelsior CC	V	47	0:26:52
39	47	Paul Winkley	East Grinstead CC	V	60	0:26:56
40	68	Peter Watts	Eastbourne Rovers CC	S	39	0:27:06
41	23	Peter Eames	Eastbourne Rovers CC	V	54	0:27:13
42	64	Keis Layzell	Eastbourne Rovers CC	V	43	0:27:34
43	48	Chris Martin	Lewes Wanderers CC	V	58	0:27:35

ESCA 10m Time Trial – Saturday 22nd April 2017 – G10/87

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

Overall Result Sheet

Pos	Race No	Rider	Club	Cat	Age	Time
44	39	Paul Butler	Hastings & St. Leonards CC	V	44	0:27:40
45	67	Alan Brooks	Bayeux Cycling Team	V	61	0:28:18
46	18	Chris Cowlard	De Laune CC	V	62	0:28:34
47	24	Robin Johnson	Brighton Mitre CC	V	68	0:29:34
48=	34	Gerry Akehurst	In-Gear Quickvit Trainsharp RT	V	52	0:29:40
48=	44	Erica Martin	Eastbourne Rovers CC	WS	35	0:29:40
50	49	Chris Parker	Hastings & St. Leonards CC	V	61	0:30:16
51	38	Paul Valks	Lewes Wanderers CC	V	73	0:30:53
52	19	Anita Turner	Eastbourne Rovers CC	WV	46	0:30:57
53	29	Doug Finch	Southborough & Dist. Whs	V	66	0:32:59
-	12	Matthew Sumpter	In-Gear Quickvit Trainsharp RT	S	28	DNS (A)
-	14	Laurence Green	Lewes Wanderers CC	V	57	DNS (A)
-	20	Tom Glandfield	Lewes Wanderers CC	V	44	DNS (A)
-	43	Martin Baddeley	Lewes Wanderers CC	S	37	DNS (A)
-	52	Ion Tsakalis	Brighton Mitre CC	V	51	DNS (A)
-	53	Tim Wells	Eastbourne Rovers CC	V	45	DNS (A)
-	54	Pippa Harper	Brighton Mitre CC	WV	46	DNS (A)
-	70	Nick Dwyer	Lewes Wanderers CC	V	53	DNS (A)

Notes & acknowledgements

Congratulations to all the prize winners and many thanks to all that took part in the event either by riding or helping, especially the following:

Timekeepers

Tony Palmer (Worthing Excelsior CC) at the start and Richard Blackmore (East Grinstead CC) at the finish

Recording

Jon Collett (Lewes Wanderers CC)

Pushing Off

Peter Moon (Eastbourne Rovers CC)

Course Signage

Paul Hanratty (Lewes Wanderers CC)

Refreshments

Wendy Turner (Lewes Wanderers CC) and Robin Johnson (Brighton Mitre CC)

Marshals

Ian Backhouse (Lewes Wanderers CC) and Tony Gale (Lewes Wanderers CC) at the Boship

Results

Ann Human (Eastbourne Rovers CC)

Event Photography

Bob Taylor (Eastbourne Rovers CC) and Emma Gearing (Lewes Wanderers CC)

ESCA 10m Time Trial – Saturday 22nd April 2017 – G10/87

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

This is a qualifying event for

ESCA Points Competition 30 points for 1st place down to 1 point for 30th place for riders from an ESCA affiliated club. The individual points earned by each rider are totalled and awarded to their respective club.

ESCA Trophies Counts towards the fastest junior, fastest lady and the fastest team of three from an ESCA affiliated club over 10 miles – the best performance at either this, **or the September 10**, will be eligible for these awards at the annual prize presentation in January 2018.

ESCA BAR Qualifying event for the ESCA lady, lady veteran and junior Best All Rounder competitions.

2017 points competition – ESCA points awarded for this event

Individual	Club	Points	Club	Points
George Welfare	Eastbourne Rovers CC	30	Eastbourne Rovers CC	221
Marc Townsend	Eastbourne Rovers CC	29	Lewes Wanderers CC	90
Howard Shaw	Eastbourne Rovers CC	28	In-Gear Quickvit Trainsharp RT	66
Christian Yates	East Grinstead CC	27	Direct Power Cycling Team	36
Damen Foord	Direct Power Cycling Team	27	East Grinstead CC	27
John Cordner	Eastbourne Rovers CC	25	Hastings & St. Leonards CC	13
Iain Brogden	Eastbourne Rovers CC	24	GS Stella	8
David Pollard	In-Gear Quickvit Trainsharp RT	23	Southborough & Dist. Whs	6
Oliver Morris-Jones	In-Gear Quickvit Trainsharp RT	22	Brighton Excelsior CC	0
Sean Quinney	Lewes Wanderers CC	21	Brighton Mitre CC	0
David Clark	Eastbourne Rovers CC	20	Brighton Phoenix Triathlon Club	0
David Clements	Eastbourne Rovers CC	19	Central Sussex CC	0
Dan Helyer	Eastbourne Rovers CC	18	Crawley Wheelers	0
John-Paul Brophy	Eastbourne Rovers CC	17	East Grinstead Tri Club	0
Rob Pelham	Lewes Wanderers CC	16	Horsham Cycling	0
Stephen Comben	Lewes Wanderers CC	15	Redhill CC	0
Sam Dix	In-Gear Quickvit Trainsharp RT	14	Rye & District Wheelers CC	0
Samuel Ramsey	Lewes Wanderers CC	13	Sussex Nomads CC	0
Aidan McConville	Lewes Wanderers CC	12	Team ASL	0
Dan Harwood	Hastings & St. Leonards CC	11	Velopace	0
Daniel Ellis	Eastbourne Rovers CC	10	VTTA (Surrey & Sussex)	0
Fabien Large	Direct Power Cycling Team	9	Wealden Cycle Club	0
Sally Turner	GS Stella	8	Worthing Excelsior CC	0
Jason Le Goff	In-Gear Quickvit Trainsharp RT	7		
Andrew Quye	Southborough & Dist. Whs	6		
Peter Baker	Lewes Wanderers CC	6		
Michael Valks	Lewes Wanderers CC	4		
Peter Barling	Lewes Wanderers CC	3		
Jonathan Molton	Hastings & St. Leonards CC	2		
Bruce English	Eastbourne Rovers CC	1		

Event Photos

Many thanks to photographers Bob Taylor from Eastbourne Rovers CC and Emma Gearing from Lewes Wanderers CC who were out on the course today. Bob's photos will be available to view or download from the Rovers Facebook page and both Bob and Emma's photos, the ESCA Facebook group.

ESCA 10m Time Trial – Saturday 22nd April 2017 – G10/87

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

Don't forget forthcoming ESCA events

Date	Distance	Course	HQ/Area	Entry	Promoter and Contact Details
Including VTTA Surrey/Sussex 50 mile Championship					
Sunday 18 Jun 2017 06:00	50m BBAR	G50/90	East Hoathly Village Hall	£8.00	Sam Dix (In-Gear Quickvit Trainsharp RT) Phone: 07841 197342 Email: sdix@hotmail.com
Including VTTA Surrey/Sussex 100 mile Championship					
Sunday 13 Aug 2017 06:00	100m BBAR	G100/861	Upper Dicker Village Hall	£10.00	Bob Harber (Brighton Excelsior CC) Phone: 01903 879598 Email: bikerider@phoncoop.coop
Saturday 09 Sep 2017 07:00	10m	G10/87	East Hoathly Sports Centre	£8.00	Peter Moon (Eastbourne Rovers CC) Phone: 01323 485180 Email: little.brook@btinternet.com
Sunday 10 Sep 2017 07:00	25m BBAR	G25/89	Fairwarp Village Hall	£8.00	Luke De Quay (East Grinstead CC) Phone: 07410 442157 Email: lukedequay@gmail.com
Saturday 14 Oct 2017 10:00	1433yd Hill Climb	GH/84	Firle Bostal	£6.00	Alex McLaren (Brighton Mitre CC) Phone: 01273 983632 Email: alexmclaren4@gmail.com

All events are Open events with age category awards for riders over 40

All events count towards the ESCA points competition for individuals and clubs

Internet entry is available for all events via the CTT Website

Keep up to date with what's going on with time trialling in Sussex ...

There are a range of competitions run by local Associations so, if your club is affiliated, and you're riding ESCA or SCA events, the chances are you'll automatically be included in a competition that you might not necessarily be aware of! Why not take a moment to familiarise yourself with what's on offer for individual riders and their affiliated clubs to add a bit of interest and friendly rivalry between riders and clubs. Regular competition updates, and a whole lot more, are posted throughout the season on the Association websites and Facebook groups

East Sussex CA Website www.eastsussexca.org.uk/
Facebook Group www.facebook.com/groups/EastSussexCA/

Sussex CA Website www.sussexca.org.uk/
Facebook Group www.facebook.com/groups/SussexCA/

Visit our website www.eastsussexca.org.uk Find us on facebook www.facebook.com/groups/EastSussexCA