

East Sussex Cycling Association

Competition Update No. 1 after ESCA 2up Sunday 2nd April 2017



2017 Events and Competitions

www.facebook.com/groups/EastSussexCA

www.eastsussexca.org.uk

. . . to provide racing in the east of the county with camaraderie for its members

2017 President – Bob Harber – Brighton Excelsior CC

2017 ESCA Event Programme

Date	Distance	Detail	Course	Promoter	Bar Qualifying Events
Sun 19 Mar 2017	15.06 m	Hardriders	GS/895	Peter Moon	
Sun 02 Apr 2017	23.92 m	2up TTT	GS/839	Martin Yardley	
Sat 22 Apr 2017	10 m		G10/87	Rob Pelham	Junior, Lady & Lady Vet BAR
Sun 23 Apr 2017	25 m		G25/89	Chris Parker	Junior, Lady, Lady Vet, Senior & Vet BAR
Sun 18 Jun 2017	50 m	Includes VTTA Surrey & Sussex 50 mile Championship	G50/90	Sam Dix	Lady, Lady Vet, Senior & Vet BAR
Sun 13 Aug 2017	100 m	Includes VTTA Surrey & Sussex 100 mile Championship	G100/861	Bob Harber	Senior & Vet BAR
Sat 09 Sep 2017	10 m		G10/87	Peter Moon	Junior, Lady & Lady Vet BAR
Sun 10 Sep 2017	25 m		G25/89	Luke De Quay	Junior, Lady, Lady Vet, Senior & Vet BAR
Sat 14 Oct 2017	1433 yard	Hill Climb	GH/84	Alex McLaren	

All ESCA events can be entered online via the CTT website www.cyclingtimetrials.org.uk

All ESCA events are open events with age category awards for riders over 40

All ESCA events are included in the individual and club points competition

Only members of VTTA Surrey & Sussex group are eligible for the VTTA Championship awards which will be presented at the group's annual prize presentation lunch. If you are interested in becoming a member please visit their website http://www.vtta.org.uk/surrey_sussex

Results – ESCA Hardriders – Sunday 19th March 2017 – Course shortened to 14.9 miles

Pos	Rider	Club	Cat	Time
1	Pete Morris	Team ASL	S	0:35:29
2	Peter Tadros	In-Gear Quickvit Trainsharp RT	V	0:36:00
3	George Welfare	Eastbourne Rovers CC	S	0:36:34
4	Marc Townsend	Eastbourne Rovers CC	S	0:37:25
5=	David Shepherd	GS Stella	V	0:38:11
5=	Howard Shaw	Eastbourne Rovers CC	S	0:38:11
7	Damen Foord	Direct Power Cycling Team	S	0:38:18
8	Tom Glandfield	Lewes Wanderers CC	V	0:38:35
9	David Clark	Eastbourne Rovers CC	V	0:38:53
10	John Cordner	Eastbourne Rovers CC	V	0:39:06
11	Richard Cartland	Team Boardman	S	0:39:13
12	David Pollard	In-Gear Quickvit Trainsharp RT	V	0:39:49
13	Sean Quinney	Lewes Wanderers CC	V	0:40:13
14	Stuart Davis	Eastbourne Rovers CC	V	0:40:19
15	Theo Tadros	In-Gear Quickvit Trainsharp RT	Jv	0:40:30
16	Dominic Lowden	Lewes Wanderers CC	V	0:40:36
17	Aidan McConville	Lewes Wanderers CC	S	0:40:38
18	Elliot Brown	Eastbourne Rovers CC	S	0:40:46
19	Rob Pelham	Lewes Wanderers CC	V	0:40:49
20	Dan Harwood	Hastings & St. Leonards CC	V	0:40:52
21	John-Paul Brophy	Eastbourne Rovers CC	V	0:40:53
22=	Ruth Summerford	Eastbourne Rovers CC	WS	0:41:04
22=	Brett Davis	Lewes Wanderers CC	V	0:41:04
24=	Rupert Robinson	Crawley Wheelers	V	0:41:06
24=	Sam Dix	In-Gear Quickvit Trainsharp RT	V	0:41:06

Pos	Rider	Club	Cat	Time
26	Richard Gifford	In-Gear Quickvit Trainsharp RT	V	0:41:07
27	Dan Street	Lewes Wanderers CC	V	0:41:15
28	Darren Brockhurst	Lewes Wanderers CC	V	0:41:22
29	Daniel Pink	GS Avanti	S	0:41:30
30	Fabien Large	Direct Power Cycling Team	Jv	0:41:50
31	Michael Turner	Lewes Wanderers CC	V	0:41:57
32	Mark Williams	Eastbourne Rovers CC	S	0:42:04
33	Simon Butcher	Eastbourne Rovers CC	V	0:42:18
34	Matthew Sumpter	In-Gear Quickvit Trainsharp RT	S	0:42:48
35	Sally Turner	GS Stella	WS	0:42:57
36	Lorenzo Casasanta	Crawley Wheelers	S	0:43:10
37	Daniel Ellis	Eastbourne Rovers CC	S	0:43:38
38	Bob Evans	Lewes Wanderers CC	V	0:44:00
39	Myles Lawrence	Eastbourne Rovers CC	V	0:44:04
40	Simon Bottomley	Eastbourne Rovers CC	V	0:44:30
41	Michael Valks	Lewes Wanderers CC	V	0:44:31
42	Tim Wells	Eastbourne Rovers CC	V	0:44:43
43	Duncan Feathers	Hastings & St. Leonards CC	V	0:44:49
44	David Earl	Trainsharp	V	0:45:44
45	Jonathan Molton	Hastings & St. Leonards CC	V	0:45:45
46	Lisa Davis	Lewes Wanderers CC	WV	0:46:33
47	Peter Baker	Lewes Wanderers CC	V	0:46:46
48	Kevin Henderson	Eastbourne Rovers CC	V	0:47:13
49	Peter Watts	Eastbourne Rovers CC	S	0:47:20
50	Richard Frost	Lewes Wanderers CC	V	0:47:22

Many thanks to Peter Moon and his team from Eastbourne Rovers for promoting this event

Results – ESCA Hardriders – Sunday 19th March 2017 – Course shortened to 14.9 miles continued

Pos	Rider	Club	Cat	Time
51	Daniel Selmes	Hastings & St. Leonards CC	S	0:47:25
52	Malcolm Daley	Hastings & St. Leonards CC	V	0:47:31
53	Neil Smith	Hastings & St. Leonards CC	V	0:47:37
54	Trevor Goswell	Eastbourne Rovers CC	V	0:47:41
55	Olivia Webb	Eastbourne Rovers CC	WV	0:47:49
56	Andrew Lancaster	Hastings & St. Leonards CC	V	0:48:07
57	Paul Butler	Hastings & St. Leonards CC	V	0:48:09
58	Bruce English	Eastbourne Rovers CC	V	0:48:48
59	David Beale	Lewes Wanderers CC	V	0:49:01
60	John Mankelow	Lewes Wanderers CC	V	0:49:03
61	Alaric Lester	Hastings & St. Leonards CC	V	0:49:22
62	Kevin Burton	Eastbourne Rovers CC	V	0:50:02
63	Laurence Green	Lewes Wanderers CC	V	0:50:16
64	Charles Sheldon	Hastings & St. Leonards CC	V	0:50:24
65	Chris Martin	Lewes Wanderers CC	V	0:50:46
66	Kate Mankelow	Lewes Wanderers CC	WS	0:51:19
67	Greg Blackwell	Hastings & St. Leonards CC	V	0:52:51
68	Chris Parker	Hastings & St. Leonards CC	V	0:53:05
69	Anita Turner	Eastbourne Rovers CC	WV	0:54:20
70	Keis Layzell	Eastbourne Rovers CC	V	0:54:34
71	Steve Curtis	Hastings & St. Leonards CC	V	0:56:35
72	Bob Harber	Brighton Excelsior CC	V	0:59:05
73	Simon Yates	Lewes Wanderers CC	V	1:00:08
74	Finlay Pritchard-Brady	Hastings & St. Leonards CC	Jv	1:00:35
75	Tim Miles	Hastings & St. Leonards CC	V	1:00:58

Many thanks to Peter Moon and his team from Eastbourne Rovers for promoting this event

Results – ESCA 2up – Sunday 2nd April 2017 – Course shortened to 20.5 miles

Pos	Rider	Club	Cat	Time	Pos	Rider	Club	Cat	Time
1	Marc Townsend	Eastbourne Rovers CC	S	0:45:08	11	Luke de Quay	East Grinstead CC	S	0:53:01
1	George Welfare	Eastbourne Rovers CC	S	0:45:08	11	Mikey Weavers	East Grinstead CC	S	0:53:01
2	John Cordner	Eastbourne Rovers CC	V	0:46:03	12	Andy Seltzer	In-Gear Quickvit Trainsharp RT	V	0:53:39
2	Stuart Hodd	PB Cycle Coaching Racing Team	V	0:46:03	12	Richard Fisher	In-Gear Quickvit Trainsharp RT	V	0:53:39
3	Howard Shaw	Eastbourne Rovers CC	S	0:46:13	13	Adam Grange	East Grinstead CC	V	0:53:45
3	Michael Davey	Eastbourne Rovers CC	S	0:46:13	13	Paul Winkley	East Grinstead CC	V	0:53:45
4	Rob Pelham	Lewes Wanderers CC	V	0:46:54	14	Gina McGeever	Lewes Wanderers CC	WV	0:54:16
4	Tom Glandfield	Lewes Wanderers CC	V	0:46:54	14	Jay Chisnall	VTTA (Surrey & Sussex)	V	0:54:16
5	David Clements	Eastbourne Rovers CC	V	0:47:11	15	Matthew Sumpter	In-Gear Quickvit Trainsharp RT	S	0:54:43
5	David Clark	Eastbourne Rovers CC	V	0:47:11	15	David Pettitt	Southborough & Dist. Whs	V	0:54:43
6	Neil Couchman	Southborough & Dist. Whs	S	0:47:40	16	Miles Baker-Clarke	Southborough & Dist. Whs	S	0:55:05
6	Ian Hodge	Southborough & Dist. Whs	V	0:47:40	16	Richard Curtis	Southborough & Dist. Whs	S	0:55:05
7	Sean Quinney	Lewes Wanderers CC	V	0:49:46	17	Sarah Phelps	Crawley Wheelers	WS	0:56:05
7	Martin Baddeley	Lewes Wanderers CC	S	0:49:46	17	Katerina Avramides	Brighton Mitre CC	WS	0:56:05
8	Aidan McConville	Lewes Wanderers CC	S	0:49:59	18	Bruce English	Eastbourne Rovers CC	V	0:57:54
8	Dan Street	Lewes Wanderers CC	V	0:49:59	18	Jerry Keen	Eastbourne Rovers CC	V	0:57:54
9	Jez Parsons	Brighton Excelsior CC	V	0:50:07	19	Ian Turner	Southborough & Dist. Whs	V	0:59:05
9	Jez Shotter	Brighton Excelsior CC	V	0:50:07	19	Colin Jarman	Southborough & Dist. Whs	V	0:59:05
10	Colin Toppin	Brighton Excelsior CC	V	0:51:35	20	Alan Brooks	Bayeux Cycling Team	V	1:03:28
10	James Stone	Brighton Excelsior CC	V	0:51:35	20	John Willis	Bayeux Cycling Team	V	1:03:28

Many thanks to Martin Yardley and his team from Southborough & District Wheelers for promoting this event

ESCA Best All Rounder Competitions

2017 ESCA Best All Rounder Competitions & Rules

Senior	Contested over 25, 50 and 100 miles in any ESCA event this season. Based on an average mph from the best performance at each distance.
Senior Team	Based on the average mph of the best three Senior BAR qualifiers from an ESCA affiliated club
Veteran	Contested over 25, 50 and 100 miles in any ESCA event this season. Based on the best plus or minus against VTTA Standard at each distance added together proportionately – see note below .
Lady Senior	Contested over 10, 25 and 50 miles in any ESCA event this season. Based on an average mph from the best performance at each distance.
Lady Veteran	Contested over 10, 25 and 50 miles in any ESCA event this season. Based on the best plus or minus against VTTA Standard at each distance added together proportionately – see note below .
Junior	Contested over 10 and 25 miles in any ESCA event this season. Based on an average mph from the best performance at each distance.

Veteran Calculation	Distance	Time	Standard	Plus	Calculation	Proportion
	25 miles	0:59:33	1:08:07	0:08:34	Divided by 1	0:08:34
	50 miles	1:59:09	2:20:11	0:21:02	Divided by 2	0:10:31
	100 miles	4:14:34	4:57:02	0:42:28	Divided by 4	0:10:37
					Total Plus	0:29:42
Lady Veteran Calculation	Distance	Time	Standard	Plus	Calculation	Proportion
	10 miles	0:26:26	0:28:33	0:02:07	Divided by 1	0:02:07
	25 miles	1:08:44	1:12:34	0:03:50	Divided by 2.5	0:01:32
	50 miles	2:21:02	2:29:14	0:08:12	Divided by 5	0:01:38
					Total Plus	0:05:17

Awards are presented at the annual lunch the Senior, Senior BAR Team, Veteran, Lady, Lady Veteran and Junior Best All Rounder

ESCA Points Competition

2017 ESCA Points Competition & Rules

Individual Points

Points are awarded to any individual first claim rider from an ESCA affiliated club in each qualifying event. Riders who are not from an ESCA affiliated club, or form a composite team in the 2up Team Time Trial, will be disregarded in the points allocation.

Open Time Trials

30 points for first place down to 1 point for 30th place

2up Team Time Trial

30 points for each rider of first team down to 2 points for each rider of 15th team

Composite teams and solo riders are not eligible for points

Club Points

Points are awarded to any club affiliated to ESCA based on the performance of its individual first claim members in each qualifying event. The individual points earned by each first claim rider are totalled and awarded to their respective club. Riders who are not from an ESCA affiliated club, or form a composite team in the 2up Team Time Trial, will be disregarded in the points allocation.

Open Time Trials

30 points for first place down to 1 point for 30th place

2up Team Time Trial

60 points for first team of two down to 4 points for 15th place

Composite teams and solo riders are not eligible for points

Awards are presented at the annual lunch to both the individual and club with the most points.

ESCA Points Competition

ESCA Individual Points Competition as at Sunday 2nd April 2017

Rank	Rider	Club	Ev 1 HR	Ev 2 2up	Ev 3 10	Ev 4 25	Ev 5 50	Ev 6 100	Ev 7 10	Ev 8 25	Ev 9 HC	Total Points	No Rides
1	George Welfare	Eastbourne Rovers CC	28	30								58	2
2	Marc Townsend	Eastbourne Rovers CC	27	30								57	2
3	Howard Shaw	Eastbourne Rovers CC	26	28								54	2
4	Tom Glandfield	Lewes Wanderers CC	23	26								49	2
5	David Clark	Eastbourne Rovers CC	22	24								46	2
6	Sean Quinney	Lewes Wanderers CC	19	20								39	2
6	Rob Pelham	Lewes Wanderers CC	13	26								39	2
8	Aidan McConville	Lewes Wanderers CC	15	18								33	2
9	Pete Morris	Team ASL	30	-								30	1
10	Peter Tadros	In-Gear Quickvit Trainsharp RT	29	-								29	1
11	Michael Davey	Eastbourne Rovers CC	-	28								28	1
12	David Shepherd	GS Stella	26	-								26	1
13	Damen Foord	Direct Power Cycling Team	24	-								24	1
13	David Clements	Eastbourne Rovers CC	-	24								24	1
15	Dan Street	Lewes Wanderers CC	5	18								23	2
16	Ian Hodge	Southborough & Dist. Whs	-	22								22	1
16	Neil Couchman	Southborough & Dist. Whs	-	22								22	1
18	John Cordner	Eastbourne Rovers CC	21	-								21	1
19	Martin Baddeley	Lewes Wanderers CC	-	20								20	1
19	David Pollard	In-Gear Quickvit Trainsharp RT	20	-								20	1
21	Stuart Davis	Eastbourne Rovers CC	18	-								18	1
22	Theo Tadros	In-Gear Quickvit Trainsharp RT	17	-								17	1
23	Jez Parsons	Brighton Excelsior CC	-	16								16	1
23	Jez Shotter	Brighton Excelsior CC	-	16								16	1
23	Dominic Lowden	Lewes Wanderers CC	16	-								16	1
26	Colin Toppin	Brighton Excelsior CC	-	14								14	1
26	Elliot Brown	Eastbourne Rovers CC	14	-								14	1

ESCA Points Competition

ESCA Individual Points Competition as at Sunday 2nd April 2017

Rank	Rider	Club	Ev 1 HR	Ev 2 2up	Ev 3 10	Ev 4 25	Ev 5 50	Ev 6 100	Ev 7 10	Ev 8 25	Ev 9 HC	Total Points	No Rides
26	James Stone	Brighton Excelsior CC	-	14								14	1
29	Luke de Quay	East Grinstead CC	-	12								12	1
29	Mikey Weavers	East Grinstead CC	-	12								12	1
29	Dan Harwood	Hastings & St. Leonards CC	12	-								12	1
32	John-Paul Brophy	Eastbourne Rovers CC	11	-								11	1
33	Andy Seltzer	In-Gear Quickvit Trainsharp RT	-	10								10	1
33	Richard Fisher	In-Gear Quickvit Trainsharp RT	-	10								10	1
33	Ruth Summerford	Eastbourne Rovers CC	10	-								10	1
33	Brett Davis	Lewes Wanderers CC	10	-								10	1
37	Adam Grange	East Grinstead CC	-	8								8	1
37	Sam Dix	In-Gear Quickvit Trainsharp RT	8	-								8	1
37	Rupert Robinson	Crawley Wheelers	8	-								8	1
37	Paul Winkley	East Grinstead CC	-	8								8	1
41	Richard Gifford	In-Gear Quickvit Trainsharp RT	6	-								6	1
41	Miles Baker-Clarke	Southborough & Dist. Whs	-	6								6	1
41	Richard Curtis	Southborough & Dist. Whs	-	6								6	1
44	Jerry Keen	Eastbourne Rovers CC	-	4								4	1
44	Bruce English	Eastbourne Rovers CC	0	4								4	2
44	Darren Brockhurst	Lewes Wanderers CC	4	-								4	1
47	Fabien Large	Direct Power Cycling Team	3	-								3	1
48	Colin Jarman	Southborough & Dist. Whs	-	2								2	1
48	Michael Turner	Lewes Wanderers CC	2	-								2	1
48	Ian Turner	Southborough & Dist. Whs	-	2								2	1
51	Mark Williams	Eastbourne Rovers CC	1	-								1	1
Grand Total			468	480	0	0	0	0	0	0	0	948	

ESCA Points Competition

ESCA Club Points Competition as at Sunday 2nd April 2017

Rank	Club	Ev 1 HR	Ev 2 2up	Ev 3 10	Ev 4 25	Ev 5 50	Ev 6 100	Ev 7 10	Ev 8 25	Ev 9 HC	Total Points	No Rides
1	Eastbourne Rovers CC	178	172	0	0	0	0	0	0	0	350	31
2	Lewes Wanderers CC	107	128	0	0	0	0	0	0	0	235	26
3	In-Gear Quickvit Trainsharp RT	80	20	0	0	0	0	0	0	0	100	8
4	Brighton Excelsior CC	0	60	0	0	0	0	0	0	0	60	5
4	Southborough & Dist. Whs	0	60	0	0	0	0	0	0	0	60	6
6	East Grinstead CC	0	40	0	0	0	0	0	0	0	40	4
7	Team ASL	30	0	0	0	0	0	0	0	0	30	1
8	Direct Power Cycling Team	27	0	0	0	0	0	0	0	0	27	2
9	GS Stella	26	0	0	0	0	0	0	0	0	26	2
10	Hastings & St. Leonards CC	12	0	0	0	0	0	0	0	0	12	15
11	Crawley Wheelers	8	0	0	0	0	0	0	0	0	8	2
12	Brighton Mitre CC	0	0	0	0	0	0	0	0	0	0	0
12	Brighton Phoenix Triathlon Club	0	0	0	0	0	0	0	0	0	0	0
12	Central Sussex CC	0	0	0	0	0	0	0	0	0	0	0
12	East Grinstead Tri Club	0	0	0	0	0	0	0	0	0	0	0
12	Horsham Cycling	0	0	0	0	0	0	0	0	0	0	0
12	Redhill CC	0	0	0	0	0	0	0	0	0	0	0
12	Rye & District Wheelers CC	0	0	0	0	0	0	0	0	0	0	0
12	Sussex Nomads CC	0	0	0	0	0	0	0	0	0	0	0
12	Velopace	0	0	0	0	0	0	0	0	0	0	0
12	VTTA (Surrey & Sussex)	0	0	0	0	0	0	0	0	0	0	0
12	Wealden Cycle Club	0	0	0	0	0	0	0	0	0	0	0
12	Worthing Excelsior CC	0	0	0	0	0	0	0	0	0	0	0
	Grand Total	468	480	0	0	0	0	0	0	0	948	102

2017 ESCA Trophies

With the exception of the Brian Phillips Trophy, donated by East Grinstead CC in memory of their teammate Brian Phillips, which applies to the September 25, all other 10 and 25 mile trophies are awarded for the best performance at either the April or September events.

Award	Details
Hardriders Page Tankard	Fastest ESCA rider in the ESCA Hardriders Peter Morris – Team ASL – 0:35:29
2up Team Time Trial Cup	Fastest ESCA team in the ESCA 2up Team TT Marc Townsend & George Welfare – Eastbourne Rovers CC – 0:45:08
Ladies 10 mile Cup	Fastest ESCA lady rider in the either the April or September ESCA 10
Junior 10 mile Cup	Fastest ESCA junior rider in the either the April or September ESCA 10
10 mile Team Shield	Fastest ESCA team of three riders in the either the April or September ESCA 10
Brian Phillips Trophy	Overall winner in the ESCA September 25
60 minute Cup	Fastest ESCA rider in the either the April or September ESCA 25
Ladies 25 mile Cup	Fastest ESCA lady rider in the either the April or September ESCA 25
Junior 25 mile Cup	Fastest ESCA junior rider in the either the April or September ESCA 25
Veteran 25 mile Cup	ESCA rider with highest plus against VTTA Standard in the either the April or September ESCA 25
25 mile Rosemary Shield	Fastest ESCA team of three riders in the either the April or September ESCA 25
50 mile Cup	Fastest ESCA rider in the ESCA 50

ESCA Trophies

Award	Details
Ladies 50 mile Cup	Fastest ESCA lady rider in the ESCA 50
50 mile Team Trophy	Fastest ESCA team of three riders in the ESCA 50
100 mile Cup	Fastest ESCA rider in the ESCA 100
100 mile Team Shield	Fastest ESCA team of three riders in the ESCA 100
Individual Points Cup	ESCA rider with the highest number of points in the individual points competition
Club Points Shield	ESCA club with the highest number of points in the club points competition
Reliability Trial Shield	ESCA club with the highest number of successful finishers in the Reliability Trail
Roy Humphrey Cup	In recognition of hard work and commitment to the Association
BAR Team Trophy	Fastest average mph of the best three senior BAR qualifiers from an ESCA affiliated club
Junior BAR Award	Fastest average mph of an ESCA junior over 10 and 25 miles
Lady BAR Trophy	Fastest average mph of an ESCA lady over 10, 25 and 50 miles
Lady Veteran BAR Award	Highest plus against VTTA Standard of an ESCA lady over 10, 25 and 50 miles
Veteran BAR Salver	Highest plus against VTTA Standard of an ESCA rider over 25, 50 and 100 miles
Senior BAR Trophy	Fastest average mph of an ESCA rider over 25, 50 and 100 miles

All awards are presented at the annual lunch

ESCA Affiliated Clubs



Brighton Excelsior CC



East Grinstead CC



Brighton Mitre CC



East Grinstead Tri Club



Brighton Phoenix



Eastbourne Rovers CC



Central Sussex CC



GS Stella



Crawley Wheelers



Hastings & St. Leonards CC



Direct Power Cycling Team



Horsham Cycling

ESCA Affiliated Clubs



In-Gear Quickvit Trainsharp RT



Team ASL



Lewes Wanderers CC



Velopace



Redhill CC



VTTA (Surrey & Sussex) Group



Rye & District Wheelers CC



Wealden Cycle Club



Southborough & Dist. Whs



Worthing Excelsior CC



Sussex Nomads CC