

East Sussex Cycling Association

Competition Update No. 4 after ESCA 100 Sunday 13th August 2017



2017 Events and Competitions

www.facebook.com/groups/EastSussexCA

www.eastsussexca.org.uk

. . . to provide racing in the east of the county with camaraderie for its members

2017 President – Bob Harber – Brighton Excelsior CC

2017 ESCA Event Programme

Date	Distance	Detail	Course	Promoter	Bar Qualifying Events
Sun 19 Mar 2017	15.06 m	Hardriders	GS/895	Peter Moon	
Sun 02 Apr 2017	23.92 m	2up TTT	GS/839	Martin Yardley	
Sat 22 Apr 2017	10 m		G10/87	Rob Pelham	Junior, Lady & Lady Vet BAR
Sun 23 Apr 2017	25 m		G25/89	Chris Parker	Junior, Lady, Lady Vet, Senior & Vet BAR
Sun 18 Jun 2017	50 m	Includes VTTA Surrey & Sussex 50 mile Championship	G50/90	Sam Dix	Lady, Lady Vet, Senior & Vet BAR
Sun 13 Aug 2017	100 m	Includes VTTA Surrey & Sussex 100 mile Championship	G100/861	Bob Harber	Senior & Vet BAR
Sat 09 Sep 2017	10 m		G10/87	Peter Moon	Junior, Lady & Lady Vet BAR
Sun 10 Sep 2017	25 m		G25/89	Luke De Quay	Junior, Lady, Lady Vet, Senior & Vet BAR
Sat 14 Oct 2017	1433 yard	Hill Climb	GH/84	Alex McLaren	

All ESCA events can be entered online via the CTT website www.cyclingtimetrials.org.uk

All ESCA events are open events with age category awards for riders over 40

All ESCA events are included in the individual and club points competition

Only members of VTTA Surrey & Sussex group are eligible for the VTTA Championship awards which will be presented at the group's annual prize presentation lunch. If you are interested in becoming a member please visit their website http://www.vtta.org.uk/surrey_sussex

Results – ESCA Hardriders – Sunday 19th March 2017 – Course shortened to 14.9 miles

Pos	Rider	Club	Cat	Time	Pos	Rider	Club	Cat	Time
1	Pete Morris	Team ASL	S	0:35:29	26	Richard Gifford	In-Gear Quickvit Trainsharp RT	V	0:41:07
2	Peter Tadros	In-Gear Quickvit Trainsharp RT	V	0:36:00	27	Dan Street	Lewes Wanderers CC	V	0:41:15
3	George Welfare	Eastbourne Rovers CC	S	0:36:34	28	Darren Brockhurst	Lewes Wanderers CC	V	0:41:22
4	Marc Townsend	Eastbourne Rovers CC	S	0:37:25	29	Daniel Pink	GS Avanti	S	0:41:30
5=	David Shepherd	GS Stella	V	0:38:11	30	Fabien Large	Direct Power Cycling Team	Jv	0:41:50
5=	Howard Shaw	Eastbourne Rovers CC	S	0:38:11	31	Michael Turner	Lewes Wanderers CC	V	0:41:57
7	Damen Foord	Direct Power Cycling Team	S	0:38:18	32	Mark Williams	Eastbourne Rovers CC	S	0:42:04
8	Tom Glandfield	Lewes Wanderers CC	V	0:38:35	33	Simon Butcher	Eastbourne Rovers CC	V	0:42:18
9	David Clark	Eastbourne Rovers CC	V	0:38:53	34	Matthew Sumpter	In-Gear Quickvit Trainsharp RT	S	0:42:48
10	John Cordner	Eastbourne Rovers CC	V	0:39:06	35	Sally Turner	GS Stella	WS	0:42:57
11	Richard Cartland	Team Boardman	S	0:39:13	36	Lorenzo Casasanta	Crawley Wheelers	S	0:43:10
12	David Pollard	In-Gear Quickvit Trainsharp RT	V	0:39:49	37	Daniel Ellis	Eastbourne Rovers CC	S	0:43:38
13	Sean Quinney	Lewes Wanderers CC	V	0:40:13	38	Bob Evans	Lewes Wanderers CC	V	0:44:00
14	Stuart Davis	Eastbourne Rovers CC	V	0:40:19	39	Myles Lawrence	Eastbourne Rovers CC	V	0:44:04
15	Theo Tadros	In-Gear Quickvit Trainsharp RT	Jv	0:40:30	40	Simon Bottomley	Eastbourne Rovers CC	V	0:44:30
16	Dominic Lowden	Lewes Wanderers CC	V	0:40:36	41	Michael Valks	Lewes Wanderers CC	V	0:44:31
17	Aidan McConville	Lewes Wanderers CC	S	0:40:38	42	Tim Wells	Eastbourne Rovers CC	V	0:44:43
18	Elliot Brown	Eastbourne Rovers CC	S	0:40:46	43	Duncan Feathers	Hastings & St. Leonards CC	V	0:44:49
19	Rob Pelham	Lewes Wanderers CC	V	0:40:49	44	David Earl	Trainsharp	V	0:45:44
20	Dan Harwood	Hastings & St. Leonards CC	V	0:40:52	45	Jonathan Molton	Hastings & St. Leonards CC	V	0:45:45
21	John-Paul Brophy	Eastbourne Rovers CC	V	0:40:53	46	Lisa Davis	Lewes Wanderers CC	WV	0:46:33
22=	Ruth Summerford	Eastbourne Rovers CC	WS	0:41:04	47	Peter Baker	Lewes Wanderers CC	V	0:46:46
22=	Brett Davis	Lewes Wanderers CC	V	0:41:04	48	Kevin Henderson	Eastbourne Rovers CC	V	0:47:13
24=	Rupert Robinson	Crawley Wheelers	V	0:41:06	49	Peter Watts	Eastbourne Rovers CC	S	0:47:20
24=	Sam Dix	In-Gear Quickvit Trainsharp RT	V	0:41:06	50	Richard Frost	Lewes Wanderers CC	V	0:47:22

Many thanks to Peter Moon and his team from Eastbourne Rovers CC for promoting this event

Results – ESCA Hardriders – Sunday 19th March 2017 – Course shortened to 14.9 miles continued

Pos	Rider	Club	Cat	Time
51	Daniel Selmes	Hastings & St. Leonards CC	S	0:47:25
52	Malcolm Daley	Hastings & St. Leonards CC	V	0:47:31
53	Neil Smith	Hastings & St. Leonards CC	V	0:47:37
54	Trevor Goswell	Eastbourne Rovers CC	V	0:47:41
55	Olivia Webb	Eastbourne Rovers CC	WV	0:47:49
56	Andrew Lancaster	Hastings & St. Leonards CC	V	0:48:07
57	Paul Butler	Hastings & St. Leonards CC	V	0:48:09
58	Bruce English	Eastbourne Rovers CC	V	0:48:48
59	David Beale	Lewes Wanderers CC	V	0:49:01
60	John Mankelow	Lewes Wanderers CC	V	0:49:03
61	Alaric Lester	Hastings & St. Leonards CC	V	0:49:22
62	Kevin Burton	Eastbourne Rovers CC	V	0:50:02
63	Laurence Green	Lewes Wanderers CC	V	0:50:16
64	Charles Sheldon	Hastings & St. Leonards CC	V	0:50:24
65	Chris Martin	Lewes Wanderers CC	V	0:50:46
66	Kate Mankelow	Lewes Wanderers CC	WS	0:51:19
67	Greg Blackwell	Hastings & St. Leonards CC	V	0:52:51
68	Chris Parker	Hastings & St. Leonards CC	V	0:53:05
69	Anita Turner	Eastbourne Rovers CC	WV	0:54:20
70	Keis Layzell	Eastbourne Rovers CC	V	0:54:34
71	Steve Curtis	Hastings & St. Leonards CC	V	0:56:35
72	Bob Harber	Brighton Excelsior CC	V	0:59:05
73	Simon Yates	Lewes Wanderers CC	V	1:00:08
74	Finlay Pritchard-Brady	Hastings & St. Leonards CC	Jv	1:00:35
75	Tim Miles	Hastings & St. Leonards CC	V	1:00:58

Many thanks to Peter Moon and his team from Eastbourne Rovers CC for promoting this event

Results – ESCA 2up – Sunday 2nd April 2017 – Course shortened to 20.5 miles

Pos	Rider	Club	Cat	Time	Pos	Rider	Club	Cat	Time
1	Marc Townsend	Eastbourne Rovers CC	S	0:45:08	11	Luke de Quay	East Grinstead CC	S	0:53:01
1	George Welfare	Eastbourne Rovers CC	S	0:45:08	11	Mikey Weavers	East Grinstead CC	S	0:53:01
2	John Cordner	Eastbourne Rovers CC	V	0:46:03	12	Andy Seltzer	In-Gear Quickvit Trainsharp RT	V	0:53:39
2	Stuart Hodd	PB Cycle Coaching Racing Team	V	0:46:03	12	Richard Fisher	In-Gear Quickvit Trainsharp RT	V	0:53:39
3	Howard Shaw	Eastbourne Rovers CC	S	0:46:13	13	Adam Grange	East Grinstead CC	V	0:53:45
3	Michael Davey	Eastbourne Rovers CC	S	0:46:13	13	Paul Winkley	East Grinstead CC	V	0:53:45
4	Rob Pelham	Lewes Wanderers CC	V	0:46:54	14	Gina McGeever	Lewes Wanderers CC	WV	0:54:16
4	Tom Glandfield	Lewes Wanderers CC	V	0:46:54	14	Jay Chisnall	VTTA (Surrey & Sussex)	V	0:54:16
5	David Clements	Eastbourne Rovers CC	V	0:47:11	15	Matthew Sumpter	In-Gear Quickvit Trainsharp RT	S	0:54:43
5	David Clark	Eastbourne Rovers CC	V	0:47:11	15	David Pettitt	Southborough & Dist. Whs	V	0:54:43
6	Neil Couchman	Southborough & Dist. Whs	S	0:47:40	16	Miles Baker-Clarke	Southborough & Dist. Whs	S	0:55:05
6	Ian Hodge	Southborough & Dist. Whs	V	0:47:40	16	Richard Curtis	Southborough & Dist. Whs	S	0:55:05
7	Sean Quinney	Lewes Wanderers CC	V	0:49:46	17	Sarah Phelps	Crawley Wheelers	WS	0:56:05
7	Martin Baddeley	Lewes Wanderers CC	S	0:49:46	17	Katerina Avramides	Brighton Mitre CC	WS	0:56:05
8	Aidan McConville	Lewes Wanderers CC	S	0:49:59	18	Bruce English	Eastbourne Rovers CC	V	0:57:54
8	Dan Street	Lewes Wanderers CC	V	0:49:59	18	Jerry Keen	Eastbourne Rovers CC	V	0:57:54
9	Jez Parsons	Brighton Excelsior CC	V	0:50:07	19	Ian Turner	Southborough & Dist. Whs	V	0:59:05
9	Jez Shotter	Brighton Excelsior CC	V	0:50:07	19	Colin Jarman	Southborough & Dist. Whs	V	0:59:05
10	Colin Toppin	Brighton Excelsior CC	V	0:51:35	20	Alan Brooks	Bayeux Cycling Team	V	1:03:28
10	James Stone	Brighton Excelsior CC	V	0:51:35	20	John Willis	Bayeux Cycling Team	V	1:03:28

Many thanks to Martin Yardley and his team from Southborough & District Wheelers for promoting this event

Results – ESCA 10 – Saturday 22nd April 2017

Pos	Rider	Club	Cat	Time
1	George Welfare	Eastbourne Rovers CC	S	0:21:27
2	Dan Sadler	RT 316	V	0:21:34
2	Marc Townsend	Eastbourne Rovers CC	S	0:21:34
4	Howard Shaw	Eastbourne Rovers CC	S	0:21:47
=5	Christian Yates	East Grinstead CC	V	0:22:09
=5	Damen Foord	Direct Power Cycling Team	S	0:22:09
7	John Cordner	Eastbourne Rovers CC	V	0:22:15
8	Iain Brogden	Eastbourne Rovers CC	V	0:22:19
9	David Pollard	In-Gear Quickvit Trainsharp RT	V	0:22:32
10	Oliver Morris-Jones	In-Gear Quickvit Trainsharp RT	S	0:22:34
11	Sean Quinney	Lewes Wanderers CC	V	0:22:40
=12	David Clark	Eastbourne Rovers CC	V	0:22:49
=12	Stuart Hodd	PB Cycle Coaching Racing Team	V	0:22:49
14	David Clements	Eastbourne Rovers CC	V	0:22:52
15	Dan Helyer	Eastbourne Rovers CC	S	0:22:55
16	John-Paul Brophy	Eastbourne Rovers CC	V	0:23:00
17	Joscelin Lowden	APRIRE Bicycles/HSS Hire	WS	0:23:08
18	Emma Lewis	APRIRE Bicycles/HSS Hire	WS	0:23:11
19	Rob Pelham	Lewes Wanderers CC	V	0:23:23
20	Stephen Comben	Lewes Wanderers CC	S	0:23:27
21	Sam Dix	In-Gear Quickvit Trainsharp RT	V	0:23:34
22	Samuel Ramsey	Lewes Wanderers CC	V	0:23:47
23	Aidan McConville	Lewes Wanderers CC	S	0:23:49
24	Dan Harwood	Hastings & St. Leonards CC	V	0:23:50
25	Daniel Ellis	Eastbourne Rovers CC	S	0:24:05

Pos	Rider	Club	Cat	Time
26	Fabien Large	Direct Power Cycling Team	Jv	0:24:16
27	Sally Turner	GS Stella	WS	0:24:18
28	Jason Le Goff	In-Gear Quickvit Trainsharp RT	V	0:24:37
=29	Andrew Quye	Southborough & Dist. Whs	V	0:24:40
=29	Peter Baker	Lewes Wanderers CC	V	0:24:40
31	Michael Valks	Lewes Wanderers CC	V	0:25:06
32	Peter Barling	Lewes Wanderers CC	S	0:25:07
33	Jonathan Molton	Hastings & St. Leonards CC	V	0:25:19
34	Bruce English	Eastbourne Rovers CC	V	0:26:04
35	Nathan Russell	Eastbourne Rovers CC	S	0:26:12
36	Richard Fisher	In-Gear Quickvit Trainsharp RT	V	0:26:43
37	Olivia Webb	Eastbourne Rovers CC	WV	0:26:47
38	Lee McGeever	Brighton Excelsior CC	V	0:26:52
39	Paul Winkley	East Grinstead CC	V	0:26:56
40	Peter Watts	Eastbourne Rovers CC	S	0:27:06
41	Peter Eames	Eastbourne Rovers CC	V	0:27:13
42	Keis Layzell	Eastbourne Rovers CC	V	0:27:34
43	Chris Martin	Lewes Wanderers CC	V	0:27:35
44	Paul Butler	Hastings & St. Leonards CC	V	0:27:40
45	Alan Brooks	Bayeux Cycling Team	V	0:28:18
46	Chris Cowlard	De Laune CC	V	0:28:34
47	Robin Johnson	Brighton Mitre CC	V	0:29:34
48	Gerry Akehurst	In-Gear Quickvit Trainsharp RT	V	0:29:40
48	Erica Martin	Eastbourne Rovers CC	WS	0:29:40
50	Chris Parker	Hastings & St. Leonards CC	V	0:30:16

Many thanks to Rob Pelham and his team from Lewes Wanderers CC for promoting this event

Results – ESCA 10 – Saturday 22nd April 2017 continued

Pos	Rider	Club	Cat	Time
51	Paul Valks	Lewes Wanderers CC	V	0:30:53
52	Anita Turner	Eastbourne Rovers CC	WV	0:30:57
53	Doug Finch	Southborough & Dist. Whs	V	0:32:59

Many thanks to Rob Pelham and his team from Lewes Wanderers CC for promoting this event

Results – ESCA 25 – Sunday 23rd April 2017

Pos	Rider	Club	Cat	Time
1	Marc Townsend	Eastbourne Rovers CC	S	0:53:17
2	Dan Sadler	RT 316	V	0:54:21
3	Howard Shaw	Eastbourne Rovers CC	S	0:54:36
4	Pete Morris	Team ASL	S	0:54:50
5	George Welfare	Eastbourne Rovers CC	S	0:55:06
6	Tom Glandfield	Lewes Wanderers CC	V	0:55:20
7	John Cordner	Eastbourne Rovers CC	V	0:55:41
8	Stuart Hodd	PB Cycle Coaching Racing Team	V	0:56:38
9	Damen Foord	Direct Power Cycling Team	S	0:56:41
10	Neil Couchman	Southborough & Dist. Whs	S	0:56:42
11	Robert Rollings	Lewes Wanderers CC	S	0:56:58
12	Chris Wolton	Southborough & Dist. Whs	S	0:56:59
13	James Griffin	Trainsharp	S	0:57:03
14	David Clark	Eastbourne Rovers CC	V	0:57:19
15	Iain Brogden	Eastbourne Rovers CC	V	0:57:30
16	Michael Davey	Eastbourne Rovers CC	S	0:57:42
17	Rob Pelham	Lewes Wanderers CC	V	0:57:47
18	David Clements	Eastbourne Rovers CC	V	0:58:08
19	Sean Quinney	Lewes Wanderers CC	V	0:58:45
20	John-Paul Brophy	Eastbourne Rovers CC	V	0:58:50
21	Guy Lane	Southborough & Dist. Whs	V	0:58:59
22	Stephen Comben	Lewes Wanderers CC	S	0:59:01
23	Peter Hooper	Eastbourne Rovers CC	S	0:59:02
24	Aidan McConville	Lewes Wanderers CC	S	0:59:31
25	John Tindell	Brighton Phoenix Triathlon Club	S	0:59:44

Pos	Rider	Club	Cat	Time
26	Pip Jenkins	Southborough & Dist. Whs	WS	1:00:09
27	Ruth Summerford	Eastbourne Rovers CC	WS	1:00:10
28	James Stone	Brighton Excelsior CC	V	1:00:27
29	Neil Giles	Mid Sussex Triathlon Club	V	1:00:34
30	Dan Helyer	Eastbourne Rovers CC	S	1:00:44
31	Samuel Ramsey	Lewes Wanderers CC	V	1:00:52
32	Andrew Quye	Southborough & Dist. Whs	V	1:01:18
33	Simon Underwood	CC Topp	V	1:01:40
34	Michael Valks	Lewes Wanderers CC	V	1:02:02
35	Mick Claydon	Ashford Whs	V	1:02:14
=36	Peter Barling	Lewes Wanderers CC	S	1:02:19
=36	Jason Le Goff	In-Gear Quickvit Trainsharp RT	V	1:02:19
38	Peter Baker	Lewes Wanderers CC	V	1:02:33
39	Robert Hoodless	Mid Sussex Triathlon Club	V	1:02:48
40	Ion Tsakalis	Brighton Mitre CC	V	1:03:41
41	Tobias Bunyan	Eastbourne Rovers CC	V	1:03:54
42	Andy Seltzer	In-Gear Quickvit Trainsharp RT	V	1:04:27
43	Daniel Ellis	Eastbourne Rovers CC	S	1:04:37
44	Tim Wells	Eastbourne Rovers CC	V	1:04:42
45	Richard Woodward	East Grinstead CC	V	1:04:59
46	Andrew Thomas	Southborough & Dist. Whs	V	1:05:10
47	Bruce English	Eastbourne Rovers CC	V	1:05:30
48	Jonathan Molton	Hastings & St. Leonards CC	V	1:05:31
49	Rachel Baker	Mid Sussex Triathlon Club	WV	1:05:52
50	Nathan Russell	Eastbourne Rovers CC	S	1:06:01

Many thanks to Chris Parker and his team from Hastings & St Leonards CC for promoting this event

Results – ESCA 25 – Sunday 23rd April 2017 continued

Pos	Rider	Club	Cat	Time
51	John Mankelow	Lewes Wanderers CC	V	1:06:07
52	Clare Parkholm	Lewes Wanderers CC	WV	1:06:31
53	Gina McGeever	Lewes Wanderers CC	WV	1:07:02
54	Richard Jeynes	Mid Sussex Triathlon Club	V	1:07:27
55	Adrian Bennett	Mid Sussex Triathlon Club	V	1:07:28
56	Olivia Webb	Eastbourne Rovers CC	WV	1:08:59
57	Peter Davies	Brighton Mitre CC	V	1:09:06
58	Chris Martin	Lewes Wanderers CC	V	1:09:17
59	Peter Watts	Eastbourne Rovers CC	S	1:09:41
60	Peter Eames	Eastbourne Rovers CC	V	1:09:53
61	Paul Butler	Hastings & St. Leonards CC	V	1:11:04
62	Kiera Lyness	Dulwich Paragon CC	WV	1:11:47
63	Kate Mankelow	Lewes Wanderers CC	WS	1:11:49
64	Alan Brooks	Bayeux Cycling Team	V	1:12:16
65	Paul Valks	Lewes Wanderers CC	V	1:13:07
66	Robin Johnson	Brighton Mitre CC	V	1:13:10
67	Anita Turner	Eastbourne Rovers CC	WV	1:15:03
68	Chris Parker	Hastings & St. Leonards CC	V	1:15:51
69	Deborah Evers	Lewes Wanderers CC	WV	1:21:45

Many thanks to Chris Parker and his team from Hastings & St Leonards CC for promoting this event

Results – ESCA 50 – Sunday 18th June 2017

Pos	Rider	Club	Cat	Time
1	Mark Smith	Crawley Wheelers	V	1:48:35
2	Pete Morris	Team ASL	S	1:49:06
3	Howard Shaw	Eastbourne Rovers CC	S	1:50:07
4	Mark Emsley	Team ASL	S	1:50:16
5	Tom Glandfield	Lewes Wanderers CC	V	1:54:44
6	Philip Murrell	Finsbury Park CC	V	1:57:28
7	Stuart Hodd	PB Cycle Coaching Racing Team	V	1:57:53
8	Rupert Robinson	Crawley Wheelers	V	1:58:54
9	Robert Rollings	Lewes Wanderers CC	S	1:59:30
10	Carl Richardson	Trainsharp	V	1:59:35
11	John Cordner	Eastbourne Rovers CC	V	2:00:05
12	David Clark	Eastbourne Rovers CC	V	2:00:06
13	Matt Coombs	Lewes Wanderers CC	V	2:01:28
14	Peter Baker	Lewes Wanderers CC	V	2:02:06
15	Aidan McConville	Lewes Wanderers CC	S	2:02:36
16	David Clements	Eastbourne Rovers CC	V	2:03:04
17	Guy Lane	Southborough & Dist. Whs	V	2:04:10
18	Neil Giles	Mid Sussex Triathlon Club	V	2:04:33
19	Rob Pelham	Lewes Wanderers CC	V	2:04:54
20	Colin Chambers	Crawley Wheelers	V	2:05:17
21	Jez Parsons	Brighton Excelsior CC	V	2:05:36
22	Michael Valks	Lewes Wanderers CC	V	2:06:15
23	Matthew Evans	Southborough & Dist. Whs	V	2:07:41
24	Adrian Hoyle	Trainsharp	V	2:07:53
25	Daniel Ellis	Eastbourne Rovers CC	S	2:08:17

Pos	Rider	Club	Cat	Time
26	Samuel Ramsey	Lewes Wanderers CC	V	2:09:02
27	Colin Toppin	Brighton Excelsior CC	V	2:09:23
28	Peter Barling	Lewes Wanderers CC	S	2:09:33
29	Ion Tsakalis	Brighton Mitre CC	V	2:09:47
30	Ruth Summerford	Eastbourne Rovers CC	WS	2:10:00
31	Ian Newbold	Worthing Excelsior CC	V	2:10:15
32	Michael Turner	Lewes Wanderers CC	V	2:10:30
33	Martin Shoesmith	Mid Sussex Triathlon Club	V	2:11:30
34	Tim Wells	Eastbourne Rovers CC	V	2:11:35
35	Robert Hoodless	Mid Sussex Triathlon Club	V	2:12:26
36	Nathan Russell	Eastbourne Rovers CC	S	2:13:19
37	Rachel Baker	Mid Sussex Triathlon Club	WV	2:13:24
38	Peter Owen	Norwood Paragon CC	V	2:15:06
39	Adrian Bennett	Mid Sussex Triathlon Club	V	2:17:06
40	Robert Royle-Evatt	Addiscombe CC	V	2:19:10
41	John Mankelow	Lewes Wanderers CC	V	2:19:18
42	Peter Davies	Brighton Mitre CC	V	2:19:54
43	Vince Freeman	Brighton Triathlon Club	S	2:24:59
44	Stuart Payne	Central Sussex CC	V	2:28:00
45	Douglas MacTaggart	Mid Sussex Triathlon Club	V	2:28:01
46	Chris Parker	Hastings & St. Leonards CC	V	2:28:59
47	Paul Butler	Hastings & St. Leonards CC	V	2:32:13
48	Alan Robinson	Central Sussex CC	V	2:43:33

Many thanks to Sam Dix and his team from In-Gear Quickvit Trainsharp RT for promoting this event

Results – ESCA 100 – Sunday 13th August 2017

Pos	Rider	Club	Cat	Time
1	Marc Townsend	Eastbourne Rovers CC	S	3:49:43
2	Pete Morris	Team ASL	S	3:52:44
3	Robert Drake	Addiscombe CC	S	3:54:08
4	Oliver Mytton	Verulam Really Moving	S	3:55:02
5	Rob Stephenson	Southborough & Dist. Whs	V	3:57:35
6	Gary Chambers	NOPINZ	S	3:59:01
7	Tom Glandfield	Lewes Wanderers CC	V	4:01:21
8	Tim Davies	Icknield RC	V	4:05:12
9	Edward Renwick	Oxford City RC	V	4:09:08
10	Graham Giggs	Bath Road Club	S	4:12:53
11	Neil Couchman	Southborough & Dist. Whs	S	4:13:10
12	Brendan Reese	Bournemouth Arrow CC	V	4:14:50
13	David Clements	Eastbourne Rovers CC	V	4:15:20
14	John Marinko	Brighton Mitre CC	V	4:16:05
15	Stephen Morgan	Tooting BC	V	4:17:16
16	Adrian Blacker	Norwood Paragon CC	V	4:18:18
17	Mike O'Gorman	Worthing Excelsior CC	V	4:21:22
18	Peter Baker	Lewes Wanderers CC	V	4:21:40
19	Ian Bray	Addiscombe CC	S	4:21:57
20	Rob Parry	Crystal Palace Triathletes	S	4:23:53
21	Pip Jenkins	Southborough & Dist. Whs	WS	4:25:41
22	Simon Howard	South Western Road Club/Evans Cycles	V	4:26:24
23	Matthew Evans	Southborough & Dist. Whs	V	4:26:51
24	Glenn Karpeta	7 Oaks Tri	V	4:29:23
25	Vince Freeman	Brighton Triathlon Club	S	4:46:09

Pos	Rider	Club	Cat	Time
26	Jane Wiley	7 Oaks Tri	WV	4:47:29
27	Kate Bradley	Mickey Cranks Cycling Club	WV	4:51:11
28	Kevin Freeman	Dulwich Paragon CC	V	4:51:21
29	Chris Dunstan	Brighton Excelsior CC	Jn	4:52:40
30	John Mankelow	Lewes Wanderers CC	V	4:57:57
31	Hector Kidds	Dulwich Paragon CC	V	4:58:02
32	Kathryn Morris	Dulwich Paragon CC	WS	4:58:39
33	Martin Naylor	Brighton Excelsior CC	V	5:04:10
34	Paul Butler	Hastings & St. Leonards CC	V	5:27:05
35	John Isard	Hampshire RC	V	5:27:19
36	Chris Parker	Hastings & St. Leonards CC	V	5:36:14
37	Peter Holland	Lincoln Wheelers CC	V (Tr)	6:11:10

Many thanks to Bob Harber and his team from Brighton Excelsior for promoting this event

ESCA Best All Rounder Competitions

2017 ESCA Best All Rounder Competitions & Rules

Senior	Contested over 25, 50 and 100 miles in any ESCA event this season. Based on an average mph from the best performance at each distance.
Senior Team	Based on the average mph of the best three Senior BAR qualifiers from an ESCA affiliated club
Veteran	Contested over 25, 50 and 100 miles in any ESCA event this season. Based on the best plus or minus against VTTA Standard at each distance added together proportionately – see note below .
Lady Senior	Contested over 10, 25 and 50 miles in any ESCA event this season. Based on an average mph from the best performance at each distance.
Lady Veteran	Contested over 10, 25 and 50 miles in any ESCA event this season. Based on the best plus or minus against VTTA Standard at each distance added together proportionately – see note below .
Junior	Contested over 10 and 25 miles in any ESCA event this season. Based on an average mph from the best performance at each distance.

Veteran Calculation	Distance	Time	Standard	Plus	Calculation	Proportion
	25 miles	0:59:33	1:08:07	0:08:34	Divided by 1	0:08:34
	50 miles	1:59:09	2:20:11	0:21:02	Divided by 2	0:10:31
	100 miles	4:14:34	4:57:02	0:42:28	Divided by 4	0:10:37
					Total Plus	0:29:42
Lady Veteran Calculation	Distance	Time	Standard	Plus	Calculation	Proportion
	10 miles	0:26:26	0:28:33	0:02:07	Divided by 1	0:02:07
	25 miles	1:08:44	1:12:34	0:03:50	Divided by 2.5	0:01:32
	50 miles	2:21:02	2:29:14	0:08:12	Divided by 5	0:01:38
					Total Plus	0:05:17

Awards are presented at the annual lunch the Senior, Senior BAR Team, Veteran, Lady, Lady Veteran and Junior Best All Rounder

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ESCA Best All Rounder Competitions

Provisional Senior BAR as at Sunday 13th August 2017

Rank	Rider	Club	25	50	100	Av Mph
1	Pete Morris	Team ASL	0:54:50	1:49:06	3:52:44	26.878
2	Tom Glandfield	Lewes Wanderers CC	0:55:20	1:54:44	4:01:21	26.039
3	David Clements	Eastbourne Rovers CC	0:58:08	2:03:04	4:15:20	24.559
4	Peter Baker	Lewes Wanderers CC	1:02:33	2:02:06	4:21:40	23.827
5	John Mankelow	Lewes Wanderers CC	1:06:07	2:19:18	4:57:57	21.454
6	Paul Butler	Hastings & St. Leonards CC	1:11:04	2:32:13	5:27:05	19.720
7	Chris Parker	Hastings & St. Leonards CC	1:15:51	2:28:59	5:36:14	19.252

Please note the September 25 is also a Senior BAR qualifying event

Provisional Veteran BAR as at Sunday 13th August 2017

Rank	Rider	Club	25	50	100	Balanced Plus
1	Tom Glandfield	Lewes Wanderers CC	0:11:31	0:22:42	0:49:08	0:35:09
2	Peter Baker	Lewes Wanderers CC	0:07:31	0:22:23	0:45:41	0:30:08
3	David Clements	Eastbourne Rovers CC	0:08:55	0:14:48	0:36:11	0:25:22
4	John Mankelow	Lewes Wanderers CC	0:07:30	0:13:00	0:28:36	0:21:09
5	Chris Parker	Hastings & St. Leonards CC	-0:05:13	-0:03:16	-0:25:52	-0:13:19
6	Paul Butler	Hastings & St. Leonards CC	-0:04:13	-0:14:47	-0:36:36	-0:20:45

Please note the September 25 is also a Veteran BAR qualifying event

ESCA Points Competition

2017 ESCA Points Competition & Rules

Individual Points

Points are awarded to any individual first claim rider from an ESCA affiliated club in each qualifying event. Riders who are not from an ESCA affiliated club, or form a composite team in the 2up Team Time Trial, will be disregarded in the points allocation.

Open Time Trials

30 points for first place down to 1 point for 30th place

2up Team Time Trial

30 points for each rider of first team down to 2 points for each rider of 15th team

Composite teams and solo riders are not eligible for points

Club Points

Points are awarded to any club affiliated to ESCA based on the performance of its individual first claim members in each qualifying event. The individual points earned by each first claim rider are totalled and awarded to their respective club. Riders who are not from an ESCA affiliated club, or form a composite team in the 2up Team Time Trial, will be disregarded in the points allocation.

Open Time Trials

30 points for first place down to 1 point for 30th place

2up Team Time Trial

60 points for first team of two down to 4 points for 15th place

Composite teams and solo riders are not eligible for points

Awards are presented at the annual lunch to both the individual and club with the most points.

Visit our website www.eastsussexca.org.uk

Find us on Facebook www.facebook.com/groups/EastSussexCA

ESCA Points Competition

ESCA Individual Points Competition as at Sunday 13th August 2017

Rank	Rider	Club	Ev 1 HR	Ev 2 2up	Ev 3 10	Ev 4 25	Ev 5 50	Ev 6 100	Ev 7 10	Ev 8 25	Ev 9 HC	Total Points	No Rides
1	Marc Townsend	Eastbourne Rovers CC	27	30	29	30	-	30				146	5
2	Howard Shaw	Eastbourne Rovers CC	26	28	28	29	28	-				139	5
3	Tom Glandfield	Lewes Wanderers CC	23	26	-	26	26	27				128	5
4	Pete Morris	Team ASL	30	-	-	28	29	29				116	4
5	George Welfare	Eastbourne Rovers CC	28	30	30	27	-	-				115	4
6	David Clark	Eastbourne Rovers CC	22	24	20	20	22	-				108	5
7	David Clements	Eastbourne Rovers CC	-	24	19	16	18	25				102	5
8	John Cordner	Eastbourne Rovers CC	21	-	25	25	23	-				94	4
9	Rob Pelham	Lewes Wanderers CC	13	26	16	17	16	-				88	5
10	Sean Quinney	Lewes Wanderers CC	19	20	21	15	-	-				75	4
10	Damen Foord	Direct Power Cycling Team	24	-	27	24	-	-				75	3
12	Aidan McConville	Lewes Wanderers CC	15	18	12	10	19	-				74	5
13	Neil Couchman	Southborough & Dist. Whs	-	22	-	23	-	26				71	3
14	Peter Baker	Lewes Wanderers CC	0	-	6	0	20	22				48	5
15	Michael Davey	Eastbourne Rovers CC	-	28	-	18	-	-				46	2
15	Robert Rollings	Lewes Wanderers CC	-	-	-	22	24	-				46	2
17	Iain Brogden	Eastbourne Rovers CC	-	-	24	19	-	-				43	2
17	David Pollard	In-Gear Quickvit Trainsharp RT	20	-	23	-	-	-				43	2
19	John-Paul Brophy	Eastbourne Rovers CC	11	-	17	14	-	-				42	3
20	Rupert Robinson	Crawley Wheelers	8	-	-	-	25	-				33	2
21	Matthew Evans	Southborough & Dist. Whs	-	-	-	-	12	20				32	2
22	Mark Smith	Crawley Wheelers	-	-	-	-	30	-				30	1
22	Guy Lane	Southborough & Dist. Whs	-	-	-	13	17	-				30	2

ESCA Points Competition

ESCA Individual Points Competition as at Sunday 13th August 2017

Rank	Rider	Club	Ev 1 HR	Ev 2 2up	Ev 3 10	Ev 4 25	Ev 5 50	Ev 6 100	Ev 7 10	Ev 8 25	Ev 9 HC	Total Points	No Rides
22	Jez Parsons	Brighton Excelsior CC	-	16	-	-	14	-				30	2
25	Pip Jenkins	Southborough & Dist. Whs	-	-	-	8	-	21				29	2
25	Peter Tadros	In-Gear Quickvit Trainsharp RT	29	-	-	-	-	-				29	1
27	Rob Stephenson	Southborough & Dist. Whs	-	-	-	-	-	28				28	1
28	Mark Emsley	Team ASL	-	-	-	-	27	-				27	1
28	Samuel Ramsey	Lewes Wanderers CC	-	-	13	4	10	-				27	3
28	Stephen Comben	Lewes Wanderers CC	-	-	15	12	-	-				27	2
28	Christian Yates	East Grinstead CC	-	-	27	-	-	-				27	1
32	David Shepherd	GS Stella	26	-	-	-	-	-				26	1
33	John Marinko	Brighton Mitre CC	-	-	-	-	-	24				24	1
34	Ruth Summerford	Eastbourne Rovers CC	10	-	-	7	6	-				23	3
34	Dan Helyer	Eastbourne Rovers CC	-	-	18	5	-	-				23	2
34	Dan Street	Lewes Wanderers CC	5	18	-	-	-	-				23	2
34	Colin Toppin	Brighton Excelsior CC	-	14	-	-	9	-				23	2
34	Dan Harwood	Hastings & St. Leonards CC	12	-	11	-	-	-				23	2
34	Mike O'Gorman	Worthing Excelsior CC	-	-	-	-	-	23				23	1
40	Oliver Morris-Jones	In-Gear Quickvit Trainsharp RT	-	-	22	-	-	-				22	1
40	Sam Dix	In-Gear Quickvit Trainsharp RT	8	-	14	-	-	-				22	2
40	Ian Hodge	Southborough & Dist. Whs	-	22	-	-	-	-				22	1
43	Chris Wolton	Southborough & Dist. Whs	-	-	-	21	-	-				21	1
43	Matt Coombs	Lewes Wanderers CC	-	-	-	-	21	-				21	1
43	Daniel Ellis	Eastbourne Rovers CC	0	-	10	0	11	-				21	4
46	Martin Baddeley	Lewes Wanderers CC	-	20	-	-	-	-				20	1

ESCA Points Competition

ESCA Individual Points Competition as at Sunday 13th August 2017

Rank	Rider	Club	Ev 1 HR	Ev 2 2up	Ev 3 10	Ev 4 25	Ev 5 50	Ev 6 100	Ev 7 10	Ev 8 25	Ev 9 HC	Total Points	No Rides
46	James Stone	Brighton Excelsior CC	-	14	-	6	-	-				20	2
48	John Mankelow	Lewes Wanderers CC	0	-	-	0	1	18				19	4
48	Chris Dunstan	Brighton Excelsior CC	-	-	-	-	-	19				19	1
48	Michael Valks	Lewes Wanderers CC	0	-	4	2	13	-				19	4
51	Stuart Davis	Eastbourne Rovers CC	18	-	-	-	-	-				18	1
52	Theo Tadros	In-Gear Quickvit Trainsharp RT	17	-	-	-	-	-				17	1
52	Martin Naylor	Brighton Excelsior CC	-	-	-	-	-	17				17	1
54	Dominic Lowden	Lewes Wanderers CC	16	-	-	-	-	-				16	1
54	Jez Shotter	Brighton Excelsior CC	-	16	-	-	-	-				16	1
54	Paul Butler	Hastings & St. Leonards CC	0	-	0	0	0	16				16	5
57	Chris Parker	Hastings & St. Leonards CC	0	-	0	0	0	15				15	5
57	Colin Chambers	Crawley Wheelers	-	-	-	-	15	-				15	1
59	Elliot Brown	Eastbourne Rovers CC	14	-	-	-	-	-				14	1
60	Fabien Large	Direct Power Cycling Team	3	-	9	-	-	-				12	2
60	Peter Barling	Lewes Wanderers CC	-	-	3	1	8	-				12	3
60	Luke de Quay	East Grinstead CC	-	12	-	-	-	-				12	1
60	Mikey Weavers	East Grinstead CC	-	12	-	-	-	-				12	1
64	Peter Hooper	Eastbourne Rovers CC	-	-	-	11	-	-				11	1
65	Richard Fisher	In-Gear Quickvit Trainsharp RT	-	10	0	-	-	-				10	2
65	Andy Seltzer	In-Gear Quickvit Trainsharp RT	-	10	-	0	-	-				10	2
65	Brett Davis	Lewes Wanderers CC	10	-	-	-	-	-				10	1
68	John Tindell	Brighton Phoenix Triathlon Club	-	-	-	9	-	-				9	1
68	Andrew Quye	Southborough & Dist. Whs	-	-	6	3	-	-				9	2

ESCA Points Competition

ESCA Individual Points Competition as at Sunday 13th August 2017

Rank	Rider	Club	Ev 1 HR	Ev 2 2up	Ev 3 10	Ev 4 25	Ev 5 50	Ev 6 100	Ev 7 10	Ev 8 25	Ev 9 HC	Total Points	No Rides
70	Jason Le Goff	In-Gear Quickvit Trainsharp RT	-	-	7	1	-	-				8	2
70	Adam Grange	East Grinstead CC	-	8	-	-	-	-				8	1
70	Sally Turner	GS Stella	0	-	8	-	-	-				8	2
70	Paul Winkley	East Grinstead CC	-	8	0	-	-	-				8	2
74	Ion Tsakalis	Brighton Mitre CC	-	-	-	0	7	-				7	2
75	Miles Baker-Clarke	Southborough & Dist. Whs	-	6	-	-	-	-				6	1
75	Richard Gifford	In-Gear Quickvit Trainsharp RT	6	-	-	-	-	-				6	1
75	Michael Turner	Lewes Wanderers CC	2	-	-	-	4	-				6	2
75	Richard Curtis	Southborough & Dist. Whs	-	6	-	-	-	-				6	1
79	Bruce English	Eastbourne Rovers CC	0	4	1	0	-	-				5	4
79	Ian Newbold	Worthing Excelsior CC	-	-	-	-	5	-				5	1
81	Darren Brockhurst	Lewes Wanderers CC	4	-	-	-	-	-				4	1
81	Jerry Keen	Eastbourne Rovers CC	-	4	-	-	-	-				4	1
83	Tim Wells	Eastbourne Rovers CC	0	-	-	0	3	-				3	3
84	Jonathan Molton	Hastings & St. Leonards CC	0	-	2	0	-	-				2	3
84	Colin Jarman	Southborough & Dist. Whs	-	2	-	-	-	-				2	1
84	Ian Turner	Southborough & Dist. Whs	-	2	-	-	-	-				2	1
84	Nathan Russell	Eastbourne Rovers CC	-	-	0	0	2	-				2	3
88	Mark Williams	Eastbourne Rovers CC	1	-	-	-	-	-				1	1
Grand Total			468	480	467	466	465	360	0	0	0	2706	

ESCA Points Competition

ESCA Club Points Competition as at Sunday 13th August 2017

Rank	Club	Ev 1 HR	Ev 2 2up	Ev 3 10	Ev 4 25	Ev 5 50	Ev 6 100	Ev 7 10	Ev 8 25	Ev 9 HC	Total Points	No Rides
1	Eastbourne Rovers CC	178	172	221	221	113	55	0	0	0	960	80
2	Lewes Wanderers CC	107	128	90	109	162	67	0	0	0	663	67
3	Southborough & Dist. Whs	0	60	6	68	29	95	0	0	0	258	20
4	In-Gear Quickvit Trainsharp RT	80	20	66	1	0	0	0	0	0	167	16
5	Team ASL	30	0	0	28	56	29	0	0	0	143	5
6	Brighton Excelsior CC	0	60	0	6	23	36	0	0	0	125	11
7	Direct Power Cycling Team	27	0	36	24	0	0	0	0	0	87	5
8	Crawley Wheelers	8	0	0	0	70	0	0	0	0	78	5
9	East Grinstead CC	0	40	27	0	0	0	0	0	0	67	7
10	Hastings & St. Leonards CC	12	0	13	0	0	31	0	0	0	56	26
11	GS Stella	26	0	8	0	0	0	0	0	0	34	3
12	Brighton Mitre CC	0	0	0	0	7	24	0	0	0	31	7
13	Worthing Excelsior CC	0	0	0	0	5	23	0	0	0	28	2
14	Brighton Phoenix Triathlon Club	0	0	0	9	0	0	0	0	0	9	1
-	Central Sussex CC	0	0	0	0	0	0	0	0	0	0	2
-	East Grinstead Tri Club	0	0	0	0	0	0	0	0	0	0	0
-	Horsham Cycling	0	0	0	0	0	0	0	0	0	0	0
-	Redhill CC	0	0	0	0	0	0	0	0	0	0	0
-	Rye & District Wheelers CC	0	0	0	0	0	0	0	0	0	0	0
-	Sussex Nomads CC	0	0	0	0	0	0	0	0	0	0	0
-	Velopace	0	0	0	0	0	0	0	0	0	0	0
-	VTTA (Surrey & Sussex)	0	0	0	0	0	0	0	0	0	0	0
-	Wealden Cycle Club	0	0	0	0	0	0	0	0	0	0	0
Grand Total		468	480	467	466	465	360	0	0	0	2706	257

2017 ESCA Trophies

With the exception of the Brian Phillips Trophy, donated by East Grinstead CC in memory of their teammate Brian Phillips, which applies to the September 25, all other 10 and 25 mile trophies are awarded for the best performance at either the April or September events.

Award	Details
Hardriders Page Tankard	Fastest ESCA rider in the ESCA Hardriders Peter Morris – Team ASL – 0:35:29
2up Team Time Trial Cup	Fastest ESCA team in the ESCA 2up Team TT Marc Townsend & George Welfare – Eastbourne Rovers CC – 0:45:08
Ladies 10 mile Cup	Fastest ESCA lady rider in the either the April or September ESCA 10 Contender: Sally Turner – GS Stella – 0:24:18
Junior 10 mile Cup	Fastest ESCA junior rider in the either the April or September ESCA 10 Contender: Fabien Large – Direct Power Cycling Team – 0:24:16
10 mile Team Shield	Fastest ESCA team of three riders in the either the April or September ESCA 10 Contenders: George Welfare, Marc Townsend & Howard Shaw – Eastbourne Rovers CC – 1:04:48
Brian Phillips Trophy	Overall winner in the ESCA September 25
60 minute Cup	Fastest ESCA rider in the either the April or September ESCA 25 Contender: Marc Townsend – Eastbourne Rovers CC – 0:53:17
Ladies 25 mile Cup	Fastest ESCA lady rider in the either the April or September ESCA 25 Contender: Pip Jenkins – Southborough & Dist. Whs – 1:00:09
Junior 25 mile Cup	Fastest ESCA junior rider in the either the April or September ESCA 25 Contender: None

ESCA Trophies

Award	Details
Veteran 25 mile Cup	ESCA rider with highest plus against VTTA Standard in the either the April or September ESCA 25 Contender: John Cordner – Eastbourne Rovers CC – Plus 11:45
25 mile Rosemary Shield	Fastest ESCA team of three riders in the either the April or September ESCA 25 Contenders: Marc Townsend, Howard Shaw & George Welfare – Eastbourne Rovers CC – 2:42:59
50 mile Cup	Fastest ESCA rider in the ESCA 50 Mark Smith – Crawley Wheelers – 1:48:35
Ladies 50 mile Cup	Fastest ESCA lady rider in the ESCA 50 Ruth Summerford – Eastbourne Rovers CC – 2:10:00
50 mile Team Trophy	Fastest ESCA team of three riders in the ESCA 50 Howard Shaw, John Cordner & David Clark – Eastbourne Rovers CC – 5:50:18
100 mile Cup	Fastest ESCA rider in the ESCA 100 Marc Townsend – Eastbourne Rovers CC – 3:49:43
100 mile Team Shield	Fastest ESCA team of three riders in the ESCA 100 Rob Stephenson, Neil Couchman & Pip Jenkins – Southborough & Dist. Whs – 12:36:26
Individual Points Cup	ESCA rider with the highest number of points in the individual points competition
Club Points Shield	ESCA club with the highest number of points in the club points competition
Reliability Trial Shield	ESCA club with the highest number of successful finishers in the Reliability Trail
Roy Humphrey Cup	In recognition of hard work and commitment to the Association

ESCA Trophies

Award	Details
BAR Team Trophy	Fastest average mph of the best three senior BAR qualifiers from an ESCA affiliated club Contenders: Tom Glandfield, Peter Baker & John Mankelow – Lewes Wanderers CC – 23.773 mph
Junior BAR Award	Fastest average mph of an ESCA junior over 10 and 25 miles
Lady BAR Trophy	Fastest average mph of an ESCA lady over 10, 25 and 50 miles
Lady Veteran BAR Award	Highest plus against VTTA Standard of an ESCA lady over 10, 25 and 50 miles
Veteran BAR Salver	Highest plus against VTTA Standard of an ESCA rider over 25, 50 and 100 miles Contender: Tom Glandfield – Lewes Wanderers CC – plus 35:09
Senior BAR Trophy	Fastest average mph of an ESCA rider over 25, 50 and 100 miles Contender: Pete Morris – Team ASL – 26.878 mph

All awards are presented at the annual lunch

ESCA Affiliated Clubs



Brighton Excelsior CC



East Grinstead CC



Brighton Mitre CC



East Grinstead Tri Club



Brighton Phoenix



Eastbourne Rovers CC



Central Sussex CC



GS Stella



Crawley Wheelers



Hastings & St. Leonards CC



Direct Power Cycling Team



Horsham Cycling

ESCA Affiliated Clubs



In-Gear Quickvit Trainsharp RT



Team ASL



Lewes Wanderers CC



Velopace



Redhill CC



VTTA (Surrey & Sussex) Group



Rye & District Wheelers CC



Wealden Cycle Club



Southborough & Dist. Whs



Worthing Excelsior CC



Sussex Nomads CC